



# Annual report 2020



SAVB THE CHILDREN, Switzerland & Italy, camp-in-Bihac-workshop - photo Velija\_Hasanbegovic



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**“Culture and the arts are essential components of a comprehensive education leading to the full development of the individual. Therefore, Arts Education is a universal human right, for all learners, including those who are often excluded from education, such as immigrants, cultural minority groups, and people with disabilities”**

Road Map for Arts Education, UNESCO, 2006



## About us - Mission

Fondation Alta Mane is an international, non-profit foundation, headquartered in Geneva and founded by private individuals in 2005. It is registered in the Commercial Registry of Geneva; it has been recognized as a public-interest entity by the Fiscal Authority of the Geneva Canton and is under the jurisdiction of the Internal Affairs Department of Bern.

The Foundation deploys its financial resources to achieve its institutional goals: support young people living in conditions of extreme social marginalization and poverty, as well as those affected by serious illness or disability by offering them access to artistic experiences.

Art facilitates the recovery of identity, communication and expression skills by engendering confidence in oneself and in others and encouraging intercultural dialogue and social engagement.

Alta Mane operates both in Switzerland and abroad, with particular attention to those countries where the conditions of young people, their rights and their health are most compromised and at risk.

Sharing the conviction, expressed in UNESCO's Road Map for Arts Education (2006), that all youths have the right to grow in dignified conditions and fully develop their potential, the Foundation identified Art, in all its forms (music, dance, theatre, poetry, mime, sculpture, painting and clowning, among others), as its specific, priority area of intervention and built a strategic vision centered on the philanthropic support of youths living in extreme social and health disadvantage.

This choice was also made after observing that culture and the arts, particularly in critical conditions, do not receive sufficient acknowledgement and support by public and private entities despite the recommendations comprised in the 2006 UNESCO's Road Map for Arts Education.

To achieve this goal, Alta Mane has been identifying 4 main priority sectors of intervention, namely: Art and Social, Art and Health, Art and Awareness, and since 2017 Art and Development.

This approach materializes in a variety of initiatives and activities, such as:



EL SISTEMA GREECE, Skaramagkas Refugee Camp

## Art and Social

Artistic workshops in contexts of social exclusion in favor of extremely marginalized young people or victims of migration

## Art and Health

Artistic workshops in therapeutic contexts in favor of youths in extreme psychological and physical distress

## Art and Awareness

Awareness-raising initiatives showing the transformative capacity of art through Festivals, plays, tours and specialist reviews and the promotion of its Partners' artistic initiatives and works to increase their visibility and potential future self-sustainability

## Art and Development

- Research, modelization and dissemination of new arts-based methodologies to intercept and alleviate psychophysical and social distress of those young people living in conditions of extreme social marginalization and poverty, as well as of those on the move, in the view of the possible engagement of the public or private sector.
- Initiatives (congresses, trainings, festivals and field meetings, among others) to promote the capitalization and replication of practices, toolkits and models capable of introducing a measurable social change and fostering the creation of networks.
- Development of Monitoring and Evaluation Processes related to arts-based initiatives.
- Realization of spaces and facilities to host artistic activities dedicated to extremely vulnerable youths, only after a long-standing and valid relationship with the Partner.

# How we intervene

## The Selection Process

The Foundation selects projects either after:



**Evaluation of the proposals** submitted via the Foundation's website or

**direct search** and contact with potential partners (scouting) after studying and evaluating projects within the domains and subjects of interest to the Foundation as well as their methods of intervention



**projects in co-partnership** with AMI.

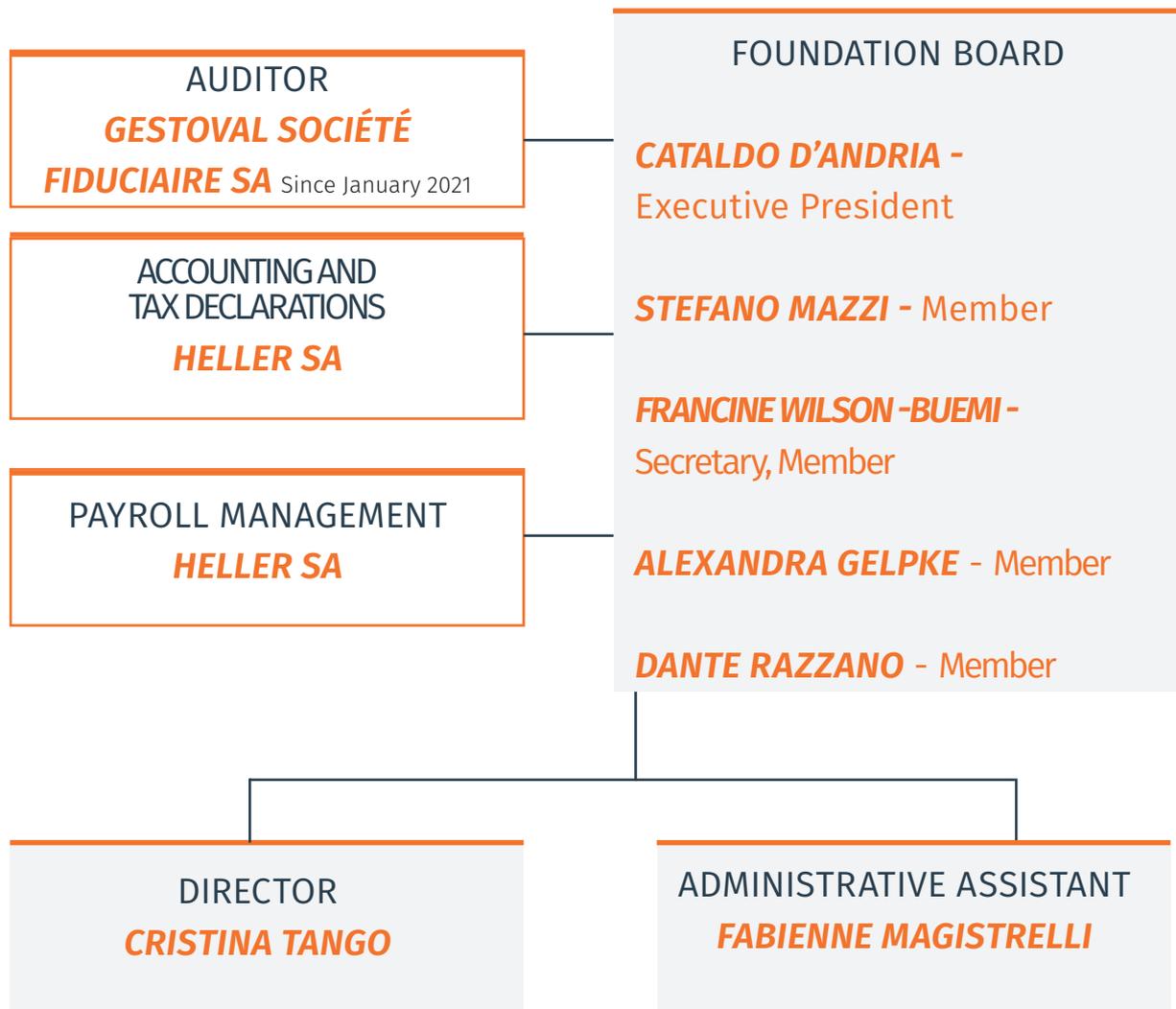
## Selection criteria for Partners and Projects

After a preliminary evaluation based on the institutional and financial accountability of the applicant, intended to ensure coherence between the proposal submitted and the Foundation's interests and objectives, potential partners are rigorously selected on the following criteria:

- **professionalism of the applicant, its competence, reliability, expertise and previous experience in the field, as well as on the completeness and transparency of the information provided;**
- **intended objectives, theoretical/practical methodologies designed and adopted, and the appropriate evaluation of the socio-cultural or therapeutic context and of the artistic initiatives put forward;**
- **adoption of codes of ethics and conduct and operational methodology aimed at guaranteeing full respect for the needs of the beneficiaries and all those operating in the critical context of the project;**
- **impact evaluation, future self-sustainability and replicability potential of the project.**

Additionally, since 2017, in line with the strategic renewal of the Foundation, approved by the Foundation Board and inclined to design new project management perspectives, to adopt new modalities of intervention as well as to prioritize geographical areas of action in order to respond to the migration emergencies affecting many children and youth on the move, the Foundation gives priority consideration to the project proposals localized in Europe.

# Organizational Chart





## Fondazione Alta Mane Italia (AMI)

Fondation Alta Mane founded Fondazione Alta Mane Italia (AMI) in 2010 as its institutional project, aimed at improving and extending the efficacy of the philanthropic initiatives connected to art education for socially marginalized youths, and art therapy in health care.

AMI's statutory goal is to support projects "aimed at improving the living or health condition of people, individuals or groups, as well as youth, undergoing a profound crisis, extreme social difficulty or psychosocial suffering, by supporting their development and social, physical, recreational, emotional and psychological well-being, particularly through experiences and initiatives tied to Art and its applications in the social and medical field" (article 2.1 of AMI Statutes).

Following recognition from the Prefecture of Rome, AMI began operations in 2011 and quickly extended its reach, connecting with numerous non-profit associations working in this sector, coordinating various exchange projects among its Partners, both in Italy and abroad, and overseeing all activities related to the management, monitoring and follow-up of projects undertaken in co-partnership with the Foundation.

For more information and updates on AMI activities, visit the following website: [www.altamaneitalia.org](http://www.altamaneitalia.org)



# Brief summary of the main initiatives supported in 2020

During 2020, the temporal and dialectical caesura between a pre/post COVID-19 world has significantly impacted our lives, making us lose all points of reference, both on the existential and phenomenological level, profoundly changing our perception of “the other” as well as our relationship with “the other”, in form and substance, and introducing a reality made of impermanence and indeterminacy, whose emotional wounds cannot be traced back to categories/models of the past.

A similar fate befell the philanthropy sector, which, for the first time, had to face a double challenge, with ontological contours: to act in emergencies and respond reactively.

The frenzy of a routine made up of (inter)exchanges, travels, flights, interviews, trainings, conferences, events, shows, festivals, interactive exhibitions, artistic and didactic workshops, field missions, applause... has, de facto, surrendered to a(n) (a)normal slowness and silence which, inviting to a deep reflection, drew the following questions: How to (re)think a new normality? How to continue to resist/exist? How to adapt to the changes without failing in one's objectives and to ensure the safety and health of the operators of the “Terzo Settore” in their different places of action?

In its attempt to respond to these questions in a targeted and timely manner, the philanthropy sector has shown great creativity, imagination and resilience, inaugurating new modalities of digital intervention and new models of online projects which, in fine, improved the qualitative impact on beneficiaries, stimulating their enthusiasm and increasing the reach of the activities originally planned in the field and in presence.

The COVID-19 caesura has, de facto, also impacted the daily workload of Fondazione Alta Mane which, however, in a resilient manner, has been able to adapt to the change of pace dictated by the pandemic, responding to the project changes developed by the partners with flexibility and dynamism, ever ensuring operational freedom, thus enabling the partners to maintain constant focus on structural costs and safeguard the human resources needed to develop and implement the projects, in the dual and hybrid mode online/offline.

During the past year, Fondazione Alta Mane has primarily focused its intervention on managing the impact of the pandemic on the full operativity of its partners and the projects implementation plan.

In line with its mission, the Foundation has enhanced a kind of “strategic” support, beyond the financial one, which stimulated an empathic cohesion with its partners and opened the door to a mutual process of reflection and growth, as well as to the activation of renewed synergies and project activities.

In compliance with the strategic renewal initiated in 2017, Alta Mane, in 2020, supported several “systemic”, integrated and enabling projects, all responding in equal measure, to the Foundation’s new operational intervention model. That is to say, a more appropriate model to respond, in a timely and targeted manner, to current challenges, especially in migratory and humanitarian contexts; a more incisive model in terms of impact, tending to a more sustainable and effective support and limiting its priority intervention to the migratory contexts in Switzerland and Europe, with particular reference to Greece, the Balkans (Bosnia-Herzegovina) and Spain, which are the countries most dramatically affected by the massive arrival of new migratory flows.

In 2020, this kind of support allowed the Foundation, on the one hand, to consolidate and strengthen its relationships with partners of excellence, with whom a profitable, constructive and fruitful long-standing collaboration has been established through the years, such as Save the Children, Red Noses Clowndoctors International and Fondation Terre des hommes. On the other hand, it allowed the Foundation to open new project perspectives aimed at strengthening and diversifying, from an artistic and geographical point of view, Alta Mane’s intervention in the Mediterranean, in migratory and emergency contexts, inaugurating a collaboration, in the social and development sector, with two new partners: El Sistema Greece and The Red Pencil Europe.



Save the Children, Svizzera & Italy - Bosnia Herzegovina, Distance-learning-in-migrant-and-refugee-camp

With regard to co-partnerships, in 2020, the Foundation has decided to temporarily suspend the co-partnership agreements managed by Fondazione Alta Mane Italia (AMI). This decision, already taken in 2019, and confirmed during the past year, is in line with the Foundation's current strategic and programmatic repositioning, and also responds to the process of in-depth reflection and feasibility study, still underway, for the positioning of AMI in an international perspective and for the possible identification and activation of new partnerships, with a new geographic location in Africa and the Mediterranean, aimed at improving the living conditions of the most vulnerable young people in situations of great socio-economic hardship and often victims of prolonged conflicts.

In relation thereto, reminder is given that these are three-way contracts between Fondation Alta Mane, AMI and the beneficiaries (Partners), according to which:

- Alta Mane Italia supports the Partners during the start-up/implementation of their projects throughout varied and complex social or hospital conditions, monitoring and assessing the sustained activities as well as the future conditions of sustainability of the Partner;
- Fondation Alta Mane supports the aforementioned beneficiaries through donations preceded by the usual verifications.

The sector of intervention remains the use of art in situations of extreme social marginalization and hospitalization of young people due to serious pathologies.

## OTHER DONATIONS

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In addition to the above-mentioned organizations, in 2020, Alta Mane continued to support some of the Foundation's long-standing partners, such as: Fondation Privée des HUG, in Switzerland, renewing its support to the music-therapy pilot project for children with congenital heart diseases and chronically ill hospitalized at the Hôpitaux Universitaires de Genève (HUG); and Fondation TEGV, in Turkey, supporting the three-year art educational programme designed to develop innovative and interdisciplinary educational models to be replicated and scaled-up nationally across the country.

## NEW DONATIONS

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Furthermore, the Foundation started a new collaboration with El Sistema Greece, in Greece, to support a music education project for minors on the move located in the Skaramagkas and Eleonas Refugee Sites (Attica Region, Athens); and with The Red Pencil Europe, in Spain, to support an art therapy project for migrant, refugee and asylum-seeking children and youth located in the Reception Centers and Independent Living Houses in Málaga (Spain) managed by The Spanish Red Cross.

In brief, 10 projects received direct donations from the Foundation, out of which 3 Partners were based in Switzerland (Geneva, Vaud and Zürich Cantons) and 5 abroad (Austria, Belgium, Greece, Italy and Turkey).

The graphs at pages 36-38 show the geographical distribution and sector (art and social, art and health, art and development) of the support disbursed by the Foundation in 2020.



# Focus 2020

# Focus 2020

## The "HEART" Method

*"The language of art is universal, it strengthens the character, self-confidence, curiosity, cheerfulness and directs us one to another."*

**Aida Piralic, teacher from Primary School "Prekounje" (Bihać, Una-Sana), explaining the significance of the HEART Program**



# Save the Children

The HEART method, designed by Save the Children, is a psychosocial support program which engages the creative potential of children suffering from psychological disorders (due to: i. war traumas; ii. post-conflict traumas; iii. PTSD; iv. natural disasters; v. migratory journeys) to help them process and cope with their traumatic experiences through artistic activities. By sharing their memories and emotions through the artistic expression, children are able to recover from their traumatic experiences, through arts and play. In this way, children fill the social-emotional gaps caused by the trauma itself and activate an autonomous process of healing and encouragement that helps them connect with their peers.

### HEART - Pilot phases in Tuzla, Posavina and Una-Sana Cantons (Bosnia-Herzegovina), 2014-2019

*"With this program through music, dance, drama, painting... we help children to discover and recognize their emotions and express them in a nice way, to feel better, with help from their teachers and classmates", Seherzada Sivic, a fourth-grade teacher from Primary School "Prva osnovna skola" (Bosanska Krupa, Una-Sana), after participating in one HEART Training, August 2018.*

Save the Children started to promote the HEART method (Healing and Education through the Arts) in Bosnia-Herzegovina (BiH) in May 2014, during the devastating flood that hit the country, as a psychosocial support tool for children and families, victims of the disaster and suffering from PTSD, by launching a pilot project in Tuzla Canton (Phase I, 2014-2015), in collaboration with the local Ministry of Education, to integrate the HEART method in the canton education curricula. During this first pilot phase, 60 HEART Facilitators (Kindergarten and Primary School teachers) have been trained, reaching a total of 5'000 children. Thanks also to the support of the Pedagogical Institute of the Canton, the program is now implemented in every Primary School of the Canton (grades 1-9, children aged 6-15).

The excellent results obtained during Phase I, while confirming the HEART method as a winning approach to address the needs of thousands of children severely affected by chronic stress and victims of pre- and post-conflicts traumas, encouraged Save the Children to spread and replicate the HEART method inside the education curricula of the surrounding Cantons, Posavina and Una-Sana, in synergy with the relevant local authorities so as to ensure the long-term sustainability of the project over the years and its future replicability throughout BiH. Thus, between 2016-2019, also with Alta Mane support, Save the Children, in collaboration with the local Ministry of Education of Posavina and Una-Sana Cantons, successfully replicated the program, confirming the satisfactory conditions to integrate the HEART method in the cantonal education curricula. Between 2016-2019, the HEART method was, de facto, implemented in 61 Primary Schools, 1 Kindergarten, and 8 Drop-In Centers (for Street Children) in Posavina and Una-Sana cantons, reaching 6'293 boys and girls (aged 6-15), and training 269 teachers and pedagogues to replicate and implement the HEART method in their classes.

The three pilot phases of the project ended in 2019 with the achievement of two important programmatic-projectual and institutional goals. On the programmatic-projectual level, 3 primary schools of Una-Sana Canton (Prekounje Primary School, Harmani I and Harmani II Primary School of Bihać) have been selected, in collaboration with the Ministry of Education of Una-Sana Canton, as HEART Friendly Schools, equipped with all necessary materials to become territorial Hubs for the dissemination of the HEART methodology and, on their turn, to provide peer-to-peer monitoring activities to all teachers willing to integrate HEART in the everyday school activities. On the institutional level, the signature of the Memorandum of Understanding with the Ministry of Education of Una-Sana Canton, while proving the value and importance of the HEART program and improving its monitoring and territorial implementation, has guaranteed the

interest of the competent local authorities to develop a strategy for a long-term sustainability aimed at a possible institutionalization of the HEART method across the country and its future integration into the national education curricula.

***“We have a HEART workshop once a week, but I use many elements in everyday classes, so that children in a way come in touch with this methodology practically every day, they respond excellently and actively participate, and most importantly, they have interest for it and learn by playing. They are convenient for me as a workshop facilitator to get to know the children even better, some of them who are shy or not active at classes simply ‘flourish’ at these workshops, they are encouraged to get actively engaged or to present in front of their peers, and I often discover some of their new talents”;*** **Aida Piralić, third-grade teacher from Primary School “Prekounje” (Bihać, Una-Sana), after participating in one HEART workshop in March 2019.**

## HEART - Emergency Response Unit (2019-2020)

Since 2015, more than one million migrants and refugees, including around 300'000 children, have travelled through the Balkans Route in an attempt to reach Europe. The agreement with Turkey (March 2016) instead of slowing down the flow of people, adults and minors, in transit, has only increased their vulnerability: there is an increasing number of migrants victims of violence, abuse, and robbery by unscrupulous smugglers. Children, especially unaccompanied minors, are most at risk of violence and abuse, including sexual violence.

Although until 2017, the flow of migrants and refugees - mainly from Iraq, Iran, Syria, Afghanistan, Bangladesh and Pakistan - remained constant, since January 2018, with the drastic closure of the Mediterranean border, there has been an increase of 66% in the number of people arriving to Bosnia-Herzegovina, amounting to around 70'315 people, of whom approximately 17'000 in 2020. In 2020, only in Una-Sana Canton, the Bosnian worst affected Canton by the migration flows mainly coming from Algeria, Morocco and Somalia, despite a sharp decline in new arrivals compared to the previous years due to the spread of COVID-19, there were 8'000-11'000 people officially identified and registered. Actually, the real number of new arrivals in 2020 is estimated to be almost twice, “invisible” people who, escaping from all sorts of official referral systems, without any right and living in poor sanitary conditions, are at high risk of exploitation, violence and abuse, and Human-trafficking.

Since 2018, Save the Children North West Balkans, in an attempt to respond, in a timely and targeted manner, to this dramatic migration emergency (since 2020, sanitary and emotional as well), has inaugurated a new type of “emergency response” intervention to ensure minors on the move, including accompanied and separated children, full access to high quality services in terms of protection, educational and social integration, as well as psychosocial support, inside and outside the 3 Transit and Reception Centers of Bira, Borici and Sedra, set up in Una-Sana Canton. The HEART method has been chosen for its flexibility and intrinsic ability to respond therapeutically, through the artistic expression, to the needs of children suffering from different psychosocial traumas, including migration-related traumas, and PTSD.



SAVE THE CHILDREN, Switzerland & Italy HEART Camp in Bosnia Herzegovina with parents  
photo Velija\_Hasanbegovic

## HEART in 5 Model Schools, Una-Sana Canton (2019-2020)

*“We are a HEART School (...) We work with migrant children on a daily basis, our school [Prekounje Primary School] was ready to see their arrival and help them get involved in the education process (...) the fact that almost all staff of this school went through the HEART training helped them when the migrant children arrived to Bihać, benefitting a lot from this approach”, Anela Kozlica, Principal of the Prekounje Primary School.*

Since the beginning of the migration emergency, Save the Children North West Balkans has developed a “Preparatory HEART Program”, an educational skills and competencies (linguistic, scholastic and relational) assessment program (up to maximum 3 months) based on the HEART methodology for minors located in the camps and intended to their educational and social integration in regular classes with their Bosnian peers. Successfully implemented in 5 Model Schools in Una-Sana Canton, identified with the collaboration of the local Ministry of Education, the program, with Alta Mane support, reached, between September 1st, 2019-September 30th, 2020, a total of 494 minors, migrants and refugees (aged 6-15), located in the 3 Transit and Reception Centers of Bira, Borici and Sedra.

## HEART in 3 Child-and-Youth Friendly Spaces in Bira, Borici and Sedra Transit and Reception Centers, Bihać, Una-Sana Canton (2019-2020)

In collaboration with UNICEF and the local NGOs Zene Sa Une (until the end of February 2020) and Association LAN (from March 2020), Save the Children North West Balkans organizes and implements inside the 3 Transit and Reception Centers of Bira, Borici and Sedra different artistic and educational activities for the younger children and unaccompanied minors, run as follows:

- **HEART Activities** (only in the Bira TRC): intended for unaccompanied minors, the HEART activities are managed and implemented by Save’s Chief Operation Officers and Field Officers, together with several cultural mediators, also supported by psychologists if necessary. The activities take place 24/7, are run by 3 teams, in 3 daily shifts, and are developed inside some containers, fully equipped with didactic materials to carry out the artistic activities;
- **Child-and-Youth Friendly Spaces (CFS):** managed by local NGO operators, the CFS are child-oriented safe spaces, set up inside the TRCs where artistic and educational activities are offered to the youngest children (aged 0-17) to help them express the traumas suffered during their migration journeys (some of which have lasted more than 2 years, starting in Afghanistan and ending temporarily in BiH) and express their experiences and emotions through the metalanguage of art, which substituting the incommunicability of verbal communication, opens a path towards a new language.



SAVE THE CHILDREN, Switzerland & Italy, HEART school

With Alta Mane support, between September 1st 2019 and September 30th 2020, Save the Children set up 3 CFSs in Bira, Borici and Sedra Transit and Reception Centers (TRCs) in Bihać, fully equipping them with didactic materials to offer several educational and artistic activities intended to minors located in the centers. Tailor-made for different age groups and adapted to their specific needs, the activities provided 7/7 in Sedra and Borici TRCs, and 3 days a week in the Bira TRC, have reached a total of 931 minors, migrants and refugees (aged 0-17), including 119 UASC, and 172 parents.

*“The first thing I do in the morning, after having breakfast, is running to the Child friendly Space, where my teachers are waiting for me, with a smile. We have classes, learning languages, mathematics, arts, and after that we do something else for fun or we spend time outside playing sports (...) What I like the most, is that my teachers always have a smile on their face. If I’m sad, they help me feel happier. I realized that, if I go to school and learn, I will also always have a smile on my face like them”, Farhid\* [Name changed in order to protect children’s identity], from Refugee Camp in Bihać, Una-Sana Canton.*

# Objectives achieved with the implementation of the HEART project

## “HEART” IN NUMBERS (2016 - 2020) :

931 minors on the move (aged 0-17), including 119 UASC, participated to several educational and artistic activities developed in 3 Child-and-Youth Friendly Spaces in Bihać (Una-Sana Canton)

6'712 boys and girls (aged 6-15), including 419 minors on the move, benefited from the HEART program implemented in 61 Primary Schools (Tuzla, Posavina and Una-Sana Cantons) and 5 Model Schools in Una-Sana Canton

494 minors on the move (aged 6-15) participated to the Preparatory HEART Program

20 facilitators (including 8 cultural mediators)

269 teachers have been trained to the HEART method

20 Training sessions (Basic and Follow-up Trainings)

5 Model Schools (HEART Friendly Schools) selected in Una-Sana Canton

3 Child-and-Youth Friendly Spaces in the Bira, Borici and Sedra TRCs

## SUCCESSFULLY IMPLEMENTED SINCE 2014, HEART CONTRIBUTED TO:

Implement qualitative standards in terms of reception, educational and social integration, psychosocial support and protection for migrant and refugee children in Bosnia-Herzegovina;

offer to accompanied and unaccompanied minors, a psychosocial support through arts to help them start a post-traumatic resilience process, strengthen their coping mechanisms, and promote their social, emotional, cognitive and motor development;

ensure accompanied and unaccompanied minors full access to quality formal education including their enrolment in regular classes in public Primary Schools in Una-Sana Canton;

allow minors on the move to restore their childhood, a sense of normalcy, routine, structure, and recover a sense of future;

build bridges of dialogue with the local communities, reducing the feelings of xenophobia towards the different populations on the move, through the development of inclusive, formal and non-formal, educational activities;

improve the quality of teaching and cantonal education curricula (Tuzla, Posavina and Una-Sana);

strengthen the Capacity Building of educational institutions and local teachers to respond to the specific educational needs of the minors on the move.





Donations sheets

## ART AND SOCIAL

# El Sistema Greece

## Social Inclusion Through Music in Refugee Camps

### Objectives

To create occasions of integration and inclusion in refugee camps (Skaramagkas and Eleonas, Athens, Greece) through the practice of collective ensemble music. More specifically, this project aims to:

- heal the sufferings of the children who have been forced to flee from their homes and their countries giving them access to art and beauty;
- help refugee and migrant children to become valuable resources for their host communities and make them act as positive members of an open, multicultural and welcoming society;
- empower and give them the chance to acquire new artistic and educational tools and Life Skills, develop their talents and strive for a better future.

### Beneficiaries

- 285 kids (5-18 ages) and 18 students (19-26 ages) in Skaramagkas, Eleonas and Korinthos Refugee Sites;
- 7 kids (9-11 ages) participating to music lessons in the premises of Elix Organization;
- 15 unaccompanied minors (7-18 ages) and 47 minors and youths on the move (4-22 ages) participating to music lessons in the Kipseli nucleo and the premises of Apostoli NGO;
- 12 students (14-25 ages), located in the Skaramagkas and Eleonas Refugee Camp, participating to the Young Leaders Programme.

### Activities

In 2020, El Sistema Greece (ESG), with Alta Mane support, in order to continue to offer, during the global pandemic, music classes to minors and youths in migration, continued to develop various musical activities in a dual mode, in presence and at distance, in compliance with the restrictions and sanitary measures adopted by the Greek government to contain and avoid the spread of COVID-19 in the country. During the year, ESG offered 10 hours of music lessons per week in presence (string and wind instruments, music theory) reaching a total of 332 kids and youths (4-22 ages) and 18 students (19-26 ages) in migration, of which 263 minors located in the Skaramagkas, Eleonas and Korinthos Refugee Sites. In parallel, has launched a virtual music school through the creation of an online platform and a full series of music curricula (string and wind instruments, music theory, percussions, choir), recording a total of 238 hours of video classes and organizing 336 hours of online classes, reaching a total of 110 minors and youths on the move (4-26 ages), of which 41 located in the Skaramagkas, Eleonas and Korinthos Refugee Sites. At the same time, ESG activated the Young Leaders Programme (YLP), intended to allow more advanced music students to be trained in leadership and eventually become assistant teachers in the music tuition classes for beginners, reaching 12 students (14-25 ages) with different music backgrounds and nationalities (Greece, Syria, Afghanistan, RDC and Poland).

### Partner

Officially established as an NGO in 2018 but working in the field since November 2016, ESG is a community music project that provides free music education to children and young people in Greece. Inspired by the philosophy and innovative methodology of El Sistema Venezuela, El Sistema Greece offers free choir and ensemble instrument classes to children and youth from different background living in conditions of extreme vulnerability and social disadvantage.

ART AND SOCIAL



## ART AND SOCIAL

# RED NOSES Clowndoctors International

## Emergency Smile Missions – Mainland Greece & BiH/Serbia 2020

### Objectives

The two missions foreseen in 2020, one in Mainland Greece and the other in Bosnia-Herzegovina/Serbia, are part of the innovative Healthcare Clowning program, “Emergency Smile”, led by RED NOSES Clowndoctors International (RNI) in humanitarian emergency and post-conflict contexts. As a complement to the humanitarian and medical programs on the field, the Emergency Smile aims to provide psychosocial support to people in need, and more precisely to children, who are victims of traumatic events. The project aims to:

- give children the possibility to express their feelings in a playful manner, to help them reconnect to positive feelings and regain resilience and hope;
- transfer the Skills of Healthcare Clowning to the local Staff members and volunteers of humanitarian organizations operating on the field, in order to increase their psychosocial wellbeing and help them reduce the stress they experience in their everyday professional lives;
- identify, spread out and replicate the Best Practices in the field of the Healthcare Clowning and transfer them to the different stakeholders working on the field.

### Beneficiaries expected in 2020

#### Mainland Greece

- Approximately 325 minors, migrants and refugees, including 100 unaccompanied minors, and their families located at Malakasa Refugee Camp and in some hotels managed by IOM;
- Approximately 75 humanitarian aid workers of IOM Greece.

#### Bosnia-Herzegovina/Serbia

- Approximately 405 migrants and refugees, including 180 unaccompanied minors, and their families located at several Transition and Reception Centers and Asylum Shelters;
- Approximately 50 humanitarian aid workers of IOM and/or Save the Children North West Balkans.

### Activities

Both missions foresee the following activities:

- 2 Pre-Mission Trainings in Vienna to get the 4 RNI’s clown-doctors and 1 Head of Mission prepared for the missions on the field;
- Missions on the field (2-weeks each): during which several artistic and clowning activities will take place (clown shows, parades, and Circus Smile Performances among others) and will be intended to migrant and refugee minors and UASC. In parallel, 5 Humour Workshops will be held for the benefit of the humanitarian aid workers of the organizations operating in the shelter camps;
- 2 Debriefings in Vienna during which the clown-doctors will process and reflect on lived experiences, discuss about critical issues detected during the mission, assess the artistic interventions and share the Lessons Learnt with the Emergency Smile Project Leader;
- Monitoring & Evaluation Process to measure the impact, efficacy, sustainability and replicability of the Program.

**Due to the outbreak and spread of COVID-19 pandemic around the world, the operativity of the project has been postponed to 2021.**

### Partner

Is a Non-Profit Charity Organization, functioning as the umbrella organization for one of the largest clown doctor groups in the world. With over 20 years of experience, RNI brings together artistic and scientific expertise in the interface between the performing arts, healthcare and development. RNI is active in 790 medical and social facilities in 10 countries: Austria, Germany, Hungary, Slovenia, the Czech Republic, Slovakia, Croatia, Poland, Palestine and Lithuania. Alta Mane supports RNI since 2018.

ART AND SOCIAL



## ART AND HEALTH

# Fondation Privée des Hôpitaux Universitaires de Genève (HUG)

## *Musicothérapie en soins intensifs pédiatriques aux HUG*

### Objectives

The project aims at introducing music-therapy, as a complementary practice to the traditional, interdisciplinary therapeutic treatments, in the pediatric intensive care unit of the Hôpitaux Universitaires de Genève (HUG) so as to reduce, through the creative and non-verbal mediation of music, the pains and fears of the young patients who, since their hospitalization, are plunged into a reality where the mechanical dynamics of reanimation, respiratory assistance and constant medical care treatments replace the emotions, the feelings and life itself. Specifically, the project aims to:

- humanize the hospital experience and allow young patients to build a space of autonomy and freedom, from where recover their identity;
- reactivate their creative skills and allow them to start a post-traumatic resilience process;
- improve the medical work environment, and reduce the stress of doctors, paramedics and nurses;
- transform music-therapy into a complementary therapy to the traditional medical treatments and make it sustainable inside the Unité des soins intensifs pédiatriques des HUG.

### Effective beneficiaries (April 2019-January 2021)

- 84 children with congenital heart diseases or suffering from cardiovascular diseases, ages 11 months-16 years, primarily coming from Africa and participating to the program "Voyage vers la vie", led by Fondation Terre des hommes;
- 71 children (aged 26 weeks-16 years) in long-term care at HUG, and suffering from serious and degenerative pathologies;
- 1 premature baby (26 weeks), in the neonatal ward at HUG.

### Activities

Between April 2019 and January 2021, the support from Alta Mane allowed the launch of the music therapy project pilot phase in the pediatric intensive care, the general pediatric (B1 and B2), the pediatric surgery and neonatal wards of the HUG in Geneva. During the period April 2019-May 2020 (12 months) and the period November 2020-January 2021 (3 months), 575 effective music-therapy sessions (for a total of 568 hours) tailored to the needs, abilities and socio-cultural specificity of the young patients, have taken place and reached 71 children in long-term care at HUG and suffering from degenerative pathologies, 1 premature baby in the neonatal ward, and 84 children with congenital heart diseases or suffering from cardiovascular illnesses participating to the program "Voyage vers la vie" led by Fondation Terre des hommes. In parallel, several interdisciplinary meetings (1 hour per week) took place intended to the medical and nursing staff. These meetings allowed the music-therapist to adapt his sessions to the evolution of the clinical picture of the young patients as well as permitted the medical staff to adjust the medical care to the variations of stress and anxiety levels of the patients themselves.

### Partner

Established in 2007, the Foundation supports the HUG and the Faculté de Médecine of the University of Geneva by financing the development of innovative and ambitious projects: i. in favor of patients (improvement of the quality of health care and assistance); ii. in the field of medical research (translational and fundamental research); iii. humanitarian projects. Alta Mane supports the Fondation Privée des HUG since 2019.



## ART AND DEVELOPMENT

# Save the Children Italia Onlus & Save the Children Schweiz

## Supporting Refugee and Migrant Children in Bosnia-Herzegovina

### Objectives

The project, developed in Una-Sana Canton, the worst affected by the permanent migration flows trying to reach safety in Europe, was aimed to ensure appropriate protection, qualitative standards for reception conditions, educational and social integration, as well as psychosocial support to refugee and migrant children in Bosnia and Herzegovina. Specifically, this project intended to:

- offer psychosocial support through arts for accompanied and unaccompanied minors to help them start a post-traumatic resilience process, strengthen their coping mechanisms, and promote their social, emotional, cognitive and motor development;
- ensure all refugee and migrant children, including unaccompanied and separated children, have access to quality formal education, including enrolment in regular classes in public primary schools of Una-Sana Canton, together with their peers from the local community.

### Beneficiaries during the project period (2019-2020)

- 931 refugee and migrant children (aged 0-17), including 119 Unaccompanied Asylum-seeking Children (UASC), participated to several educational and artistic activities developed in 3 Child-and-Youth Friendly Spaces (CFS);
- 419 refugee and migrant children (aged 6-15), including 2 with disabilities, regularly attended classes in 5 public primary schools (Model Schools) of Una-Sana Canton, together with their Bosnian peers;
- 494 refugee and migrant children joined the Preparatory HEART Program;
- 172 parents participating to the meetings taking place in the camps and at school;
- 9 teachers from the schools of Una-Sana Canton;
- 14 facilitators, out of which 8 cultural mediators.

### Activities

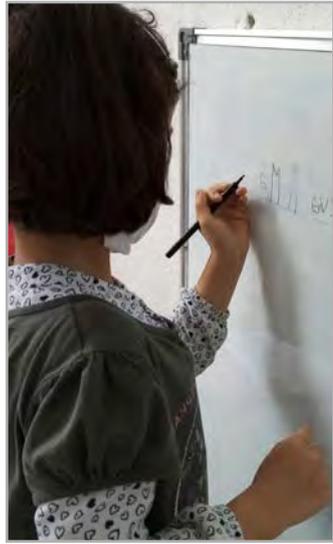
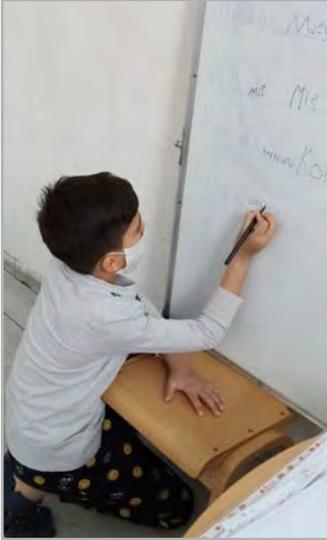
Between September 1st 2019 and September 30th, 2020, with Alta Mane support, Save the Children ran and fully equipped with didactic materials 3 CFS in the Bira, Borici and Sedra Transit and Reception Centers (TRCs) in Bihać to offer several educational and artistic activities intended to accompanied and unaccompanied minors located in the centers. Tailor-made for different age groups and adapted to their specific needs, the activities provided 7/7 days in Borici and Sedra TRCs and 3 days a week in the Bira TRC reached 931 refugee and migrant children (0-17 aged), including 119 UASC, and 172 parents. During the same period, in collaboration with the Ministry of Education of Una-Sana Canton, 5 Model Schools have been identified and, on one hand, enrolled 419 refugee and migrant children, including 2 with disabilities, in regular classes, and on the other hand, implemented the Preparatory HEART Program, an educational assessment program, based on the HEART methodology, intended to the educational and social inclusion of the minors on the move with the Bosnian peers, reaching 494 refugee and migrant children.

### Partner

**Save the Children Italia Onlus:** recognized by the Italian Ministry of Foreign Affairs, Save the Children Italia Onlus runs health, emergency response, education and child protection programs for children in 122 countries, both in Italy and in developing countries. Alta Mane supports Save the Children Italia Onlus since 2017.

**Save the Children Schweiz:** has the ambition to assure that every child – especially the most deprived – is protected, provided with a good quality basic education and receives health services so that they can optimally unfold their potential. Alta Mane supports Save the Children Schweiz since 2016.

ART AND DEVELOPMENT



SAVE THE CHILDREN, Switzerland & Italy - Bosnia-Herzegovina camp (photo Velija\_Hasanbegovic)

## ART AND DEVELOPMENT

# Save the Children Schweiz

## Supporting Refugee Children in Switzerland 2020-2022

### Objectives

Strengthening the resilience and coping mechanism of refugee and migrant minors, and promoting their emotional, cognitive, motor development and their social inclusion.

### Beneficiaries

- 4 core staff (10-20 additional staff) per year of 3/4 Federal and Cantonal Asylum shelters through In-depth Technical Support and Training;
- 2-5 core staff per year of 6/10 Federal and Cantonal Asylum Shelters through Creative Activity Support and Training;
- approximately 300 Child asylum-seekers and refugees per year, in Federal Asylum Shelters; and approximately 30 Child asylum-seekers and refugees per year, in Cantonal Asylum Shelters.

### Activities

In 2020-2022, Save the Children Schweiz also with Alta Mane support, aims to develop and implement the program “Supporting Refugee Children in Switzerland: Child Rights and Protection in Swiss Asylum Shelters”, a holistic program for the protection and promotion of the rights of children on the move, located in the collective Federal and Cantonal Asylum Shelters in Switzerland. More particularly, this program foresees the following main activities:

- to coach the Shelter Staff to autonomously run Child-Friendly Spaces (CFS), to develop and implement arts-based pedagogical activities that are tailored to the needs of the minors in asylum shelters by means of the Creative Tool Kit and Activity Box;
- to replicate and scale the Creative Tool Kit and Activity Box and make it available to Federal and Cantonal asylum shelters and other organizations in the field of childcare;
- to train focal persons to oversee the Child-Friendly Spaces and ensure that quality childcare and protection standards are upheld;
- to strengthen the advocacy, enhance networking and share best practices in the field of child protection and child rights in the asylum and migration sector.

In 2020, the organization ran one training as launch of the “in-depth technical support” to set and manage 2 CFS in 2 Asylum Shelters (1 federal in Boudry, 1 cantonal in Fribourg) for 2 Shelter Directors and 11 Staff Members, as well as one Creative Support Training to 5 Asylum Shelters (3 cantonal Shelters in Canton of Zürich, and 2 federal Shelters in Canton of Ticino) for 2 Shelter Directors and 18 Staff Members, also reaching 16 staff of AOZ. In parallel, has finalized the NGO Report for the UN Committee on the Rights of the Child in collaboration with the Swiss Children’s Rights Network as well as designed the Child and Youth Participatory Report, gathering the voices of 67 children and youth (5-18 ages) and 2 young adults (19-20 ages) in 7 Asylum Shelters in 4 cantons of the German-speaking part of Switzerland. Both reports will be submitted to the UN Committee on the Rights of the Child in May 2021. During the COVID-19 lockdown (Spring and Fall 2020), in order to continue to give psychosocial support to migrant and refugee children, amidst the global pandemic, has developed 7 Emergency Learn and Play Kits which were sent to 90 structures, of which 50 shelters for migrants and asylum seekers, in 18 Cantons, thus reaching more than 1’400 children (3-17 ages), as well as an Emergency Quarantine Box, reaching approximately 1’000 children (3-17 ages) in 31 Shelters in 11 Cantons (German, French and Italian speaking part of Switzerland).

### Partner

Save the Children Schweiz: See Project Sheet at page 26



## Art Education Expansion Project 2019 - 2021

### Objectives

The “Art Education Expansion Project” is part of a three-year strategic, methodological and educational plan (2019-2021) designed by TEGV to ensure sustainability to both educational programs (The Dreams Wanderer and The Dreams Workshop) and to replicate them nationwide so as to make art education a key component of the Turkish School System and to develop innovative and interdisciplinary educational models.

### Expected Beneficiaries in 2020

- 1'500 children (6-14) participating to the art-education workshops delivered by the Firefly Mobile Unit;
- approximately 10'000 children (6-14) participating to the art-education workshops, part of The Dreams Workshop Program;
- 45 new trainers, trained to implement The Dreams Workshop Program;
- approximately 780 new volunteers, trained to teach the two art-education programs.

### Activities

Between January-March 2020, TEGV, with Alta Mane support, organized 2 art-education workshops (The Dreams Wanderer), delivered by the Firefly Mobile Unit and in collaboration with several Primary and Secondary schools in Samsun (Northern Turkey) and Elazig, in the Eastern Anatolian Region, severely struck by a strong earthquake on January 24, 2020, thus reaching 419 children (6-14) and training 22 new volunteers to implement the program. In the meantime, the organization replicated the second art-education module of The Dreams Workshop Program – the content of which were designed and successfully piloted in 2019 in 5 educational fixed units with Alta Mane support – in 27 educational fixed units across the country, reaching 2'144 children (6-14) and training 28 new teachers.

**For contingent reasons related to the outbreak and spread of COVID-19 pandemic around the world, from March 16th, 2020, the full operativity of the project has been suspended and postponed to 2021.**

### Partner

Was established in 1995, in Turkey, to help compensate for the shortcomings of the Turkish school system in the belief that the country's problems could only be solved by tackling education first. TEGV is recognized at all levels of the Turkish society for its neutrality and commitment to education, even during emergencies. Alta Mane supports TEGV since 2015.



## ART AND DEVELOPMENT

# Fondation Terre des hommes

## You Create Project - Egypt and Iraq - 2017-2020

### Objectives

The “You Create” project that Fondation Terre des hommes has developed in Egypt and in Iraq (2017-2020), with Alta Mane support, was aimed to design and implement a new arts-based methodology to offer psychosocial support to children and youth who have suffered trauma, abuse and violence during their various journeys of migration, displacement and social exclusion.

### Beneficiaries

Effective beneficiaries during the project period (2017-2020)

- 66 Youth Leaders (15-25 ages) and 6 trainers from IDP Camps in Kirkuk Governorate (Iraq);
- 78 Youth Leaders (15-25 ages) and 6 trainers from refugees, migrants and vulnerable Egyptian communities;
- 40 Youth Leaders (10-14 ages), from 20 public Secondary Schools pupils in Cairo;
- 44 Adult Allies (27 in Iraq and 17 in Egypt, ages 20-30) local professionals to improve their skills to work with children and youth affected by migrations and to act as focal points in the replication of the art-related methodology;
- 52 Adult Allies (El Cairo, Egypt) including 24 local Tdh operators, 20 art teachers and 8 officials from the Egyptian Ministry of Education, trained in the use of the “You Create” methodology;
- 952 youth (700 in Egypt and 252 in Iraq) participating to the artistic activities;
- 21 Tdh professionals from 12 different delegations in the MENA, Asia and Eastern Europe zones participating to the Capitalization Global Training.

### Activities

In 2017-2019, with the support of Alta Mane, Fondation Terre des hommes in collaboration with the International Institute for Child Rights & Development, designed the “You Create” methodology and successfully implemented it, in pilot mode, in Iraq (Kirkuk Governorate) and Egypt (vulnerable and at-risk communities, in urban areas of Egypt), training 144 Youth Leaders and 44 Adult Allies who carried out 28 arts projects, reaching a total of 952 young peers (252 in Iraq and 700 in Egypt). In parallel, the methodology has been translated into French and Arabic, published and disseminated on the Childhub platform, and accompanied by the development of 6 e-modules aimed at training child protection professionals and disseminating Best Practices, inside and outside the Tdh network. Based on the excellent results obtained during the pilot phase (2017-2019), from January-March 2020, Alta Mane supported the adaptation of “You Create” to the educational-school context in Egypt, also aimed at institutionalizing the methodology in the national school curricula in collaboration with the Ministry of Education (MoE), achieving very good results, in terms of training (40 young Leaders, ages 10-14, and 52 Adult Allies trained in the use and implementation of You Create), awareness raising and dissemination until March 2020 when, due to the COVID-19 pandemic, all artistic activities initially foreseen in 20 Public Secondary schools in Cairo, have been suspended indefinitely.

***For contingent reasons related to the outbreak and spread of COVID-19 pandemic around the world, from March 16th, 2020, the full operativity of the project has been suspended and postponed to 2021.***

## You Create Project - Ioannina (Greece) - 2019 - 2020

### Objectives

The project “Empowering Youth Refugees and Asylum-Seekers through Arts in Ioannina, Epirus”, developed at the Community Center Mikri Polis in Ioannina (Greece), aimed to strengthen and consolidate the existing education and social integration programs through the new methodology “You Create”, so as to offer arts-based psychosocial support to children and youths on the move located at the Center, as well as to young Greek citizens at risk of social exclusion. Specifically, this project aimed to:

- support the social integration of vulnerable children and youths (migrants, refugees, asylum-seekers and local Greek citizens at risk of social exclusion); Strengthen their resilience and improve their psychosocial well-being;
- build bridges between communities through creative art projects applying the YOU CREATE methodology;
- develop the Capacity Building of the Staff of Terre des hommes Hellas for implementing and disseminating the new methodology in other Centers, Schools and Civil Society Organizations (CSOs) in Ioannina.

### Beneficiaries

- 20 Youth Leaders (14-24 ages);
- 11 Adult Allies (professionals in child protection, educators and psychologists);
- 88 peers (14-24 ages) youth participants in youth-lead art projects.

### Activities

Between July 2019 and March 2020, Fondation Terre des hommes, with Alta Mane support, organized 2 training sessions (4 days each) intended to 11 Adult Allies (8 professionals in child protection and 3 Tdh Staff) and 20 Youth Leaders (7 youths from the local community and 13 young migrants, refugees, asylum-seekers). Both trainings, facilitated by a local trainer and a trainer from Tdh Romania, aimed to develop the local Capacity Building on the implementation and dissemination of the new methodology “You Create”, as well as to support and train young people to develop youth-led creative art projects. In the same period, 88 young people developed 13 artistic activities in the run-up to 5 youth-led art projects developed by youths and presented before the local community during an Open Day (February 18, 2020) held in the Community Center Mikri Polis (Ioannina).



## ART AND DEVELOPMENT

## You Create Project - Ukraine

### Objectives

The project, developed in 12 Schools/Community spaces of Civil Society Organizations (CSOs) in 10 communities of the Oblasts of Donetsk and Luhansk, aimed to pilot the implementation and replication of the new methodology “You Create” in Ukraine to offer arts-based psychosocial support to young IDPs (Internally Displaced Persons) and Ukrainian children and youths dealing with post-traumatic stress disorders, as a consequence of the conflict dramatically started in 2014. Specifically, this project contributed to:

- improve the psychosocial well-being, build the resilience and strengthen the social cohesion of the young IDPs and Ukrainian children and youths;
- develop the Capacity Building of the Staff of Terre des hommes (Tdh) in Ukraine for implementing and disseminating the new methodology in other communities affected by the protracted crisis in East Ukraine.

### Beneficiaries during the project period (2019-2020)

- 23 Adult Allies (professionals in child protection, educators and psychologists), including 7 Tdh Staff (25-40 ages);
- 25 Youth Leaders (14-24 ages);
- 616 peer youth (14-24 ages) participants in youth-lead art projects.

### Activities

Between July 2019-December 2020, Fondation Terre des hommes, also with Alta Mane support, selected 25 Youth Leaders (including 2 officially registered as IDPs) and 23 Adult Allies to implement forthcoming youth-led creative arts projects in the Oblasts of Donetsk and Luhansk. In the same period, organized 2 training sessions (5 days each), in the Oblasts of Donetsk and Luhansk, reaching 25 Youth Leaders and 23 Adult Allies, to train young people to create youth-led creative arts projects as well as to develop the local Capacity Building on the implementation and dissemination of the new methodology “You Create” in other communities affected by the protracted crisis in East Ukraine. Moreover, between October-December 2020, 18 offline refresher training sessions have been organized in the Oblast of Luhansk for 60 local youth to reschedule the contents and adapt the procedures for the creation of the arts projects to the new context and the sanitary restrictions imposed by the Ukrainian government to contain and avoid the spread of COVID-19. Throughout the duration of the project, 616 youth have been mobilized, of whom 120 developed 12 artistic activities in 12 Communitarian Centers /Secondary and High schools of the Oblast of Donetsk and Luhansk.

### Partner

Based in Lausanne, Fondation Terre des hommes was established in 1960 and is today the leading Swiss child relief agency, improving the lives of millions of the world’s most vulnerable children. Alta Mane supports Fondation Terre des hommes since 2017.



# The Red Pencil (Europe)

## Arts Therapy Intervention for Asylum Seekers in Málaga

### Objectives

The overall goal of the Arts Therapy project is to increase the resilience of the asylum seekers. More specifically, this intervention aims to:

- help asylum seekers to recover from their traumatic experiences, build resilience, regain self-esteem and integrate into the community;
- leave lasting impact by training local care providers, who are exposed to fatigue and secondary trauma through their work and enable them to implement basic arts therapy techniques in their own practice.

### Beneficiaries expected during the project period (2020-2021)

The project will help more than 100 migrants and refugees, from different nationalities of which:

- 23 refugee and migrant children and teens, accompanied and unaccompanied (5-17 ages);
- 33 refugee and migrant adults (under the age of 25);
- 53 refugee and migrant adults (+25);
- 24 local caregivers, Staff Members of The Spanish Red Cross.

### Activities

In 2020, despite the suspension of all the activities foreseen during the COVID-19 1st lockdown (March 12-August 12, 2020), The Red Pencil (Europe) in collaboration with The Spanish Red Cross, also with Alta Mane support, developed the following activities:

- organized and ran 91 group art-therapy sessions for 21 refugee and migrant children (5-14 ages), 15 teens (11-16 ages), 15 young adults (18-23 ages), and 17 adults (25+), residing in Reception Centers and Independent Living Houses operated and managed by The Spanish Red Cross in Málaga (Spain);
- activated the The-Train-The-Trainer Program (TTT) focused primarily in using Art Therapy as a tool for Staff's self-care and modulation of stress at work and intended to provide partner staff with new tools using Art Therapy for enriching their interventions with asylum seekers and refugees, and organized 7 training sessions for 19 humanitarian officers and caregivers of The Spanish Red Cross;
- conducted a pre-post evaluation process (M&E Process), in consultation with The Spanish Red Cross, to check on progress on the young beneficiaries and make appropriate recommendations for future program planning.

### Partner

Officially established as a foundation of public utility under the Belgian law in 2019, The Red Pencil Europe (RPE) is part of the international organization The Red Pencil Humanitarian Mission. Based on its expertise in art therapy, the mission of RPE is to provide psychological support through arts therapy to children, adolescents and adults who face in Europe difficult or overwhelming life circumstances, to improve their well-being and their mental and emotional health.





# Excerpt from the Financial Statements as at December 31st, 2020



# Excerpt from the Financial Statements as at December 31st, 2020

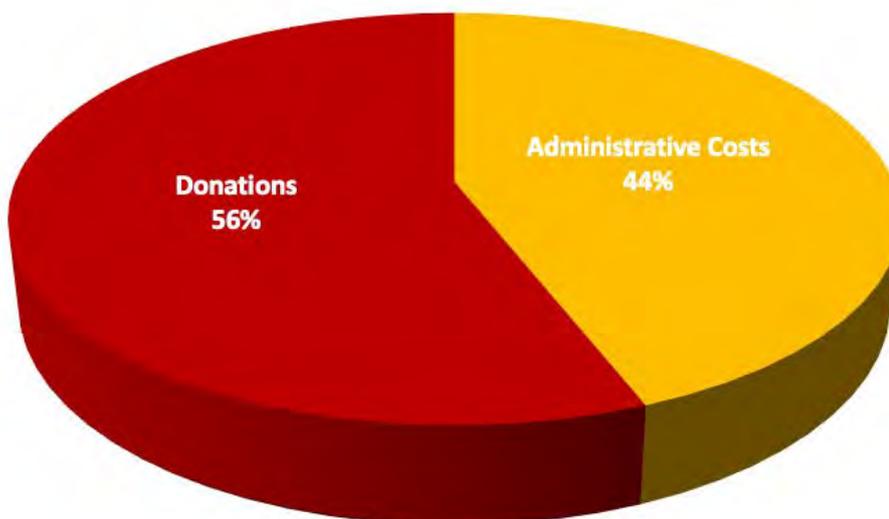
## General allocation of the Foundation's resources and breakdown by sector of intervention

The data used in the following graphs was extracted from the Foundation's Financial Statements, closed on December 31st, 2020, audited by Gestoal Fiduciaire SA and approved by the Foundation Board in July 2021.

In 2020, the administrative costs (Frais de Structure) of the Foundation amounted to 44% of the total costs, a slight increase relative to 2019, while 56 % of the Foundation's resources were allocated to simple donations.

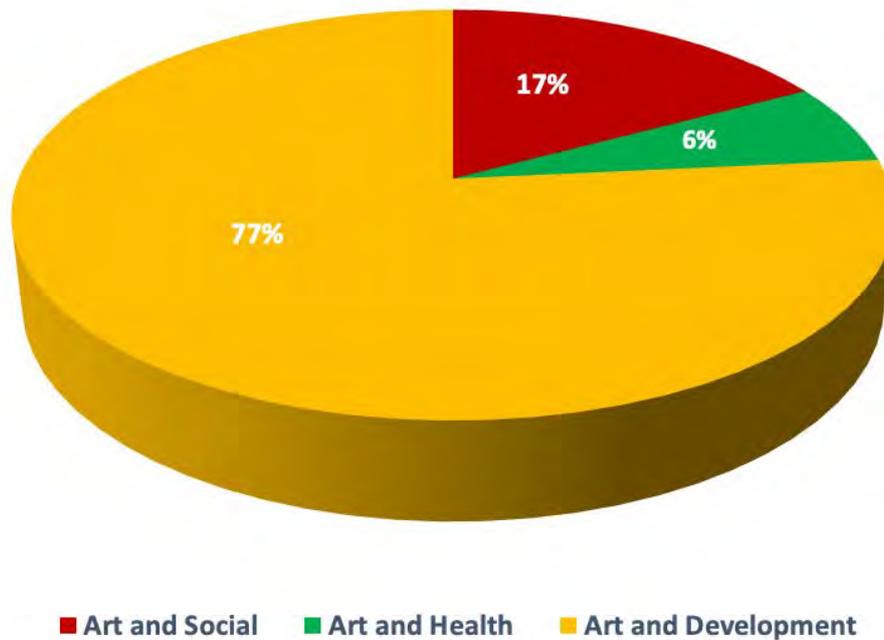
With regard to co-partnerships, in 2020, the Foundation has decided to temporarily suspend the co-partnership agreements managed by Fondazione Alta Mane Italia (AMI). This decision, already taken in 2019, and confirmed during the past year, is in line with the Foundation's current strategic and programmatic repositioning, and also responds to the process of in-depth reflection and feasibility study, still underway, for the positioning of AMI in an international perspective and for the possible identification and activation of new partnerships, with a new geographic location in Africa and the Mediterranean, aimed at improving the living conditions of the most vulnerable young people in situations of great socio-economic hardship and often victims of prolonged conflicts.

### Breakdown by Sector Of Intervention



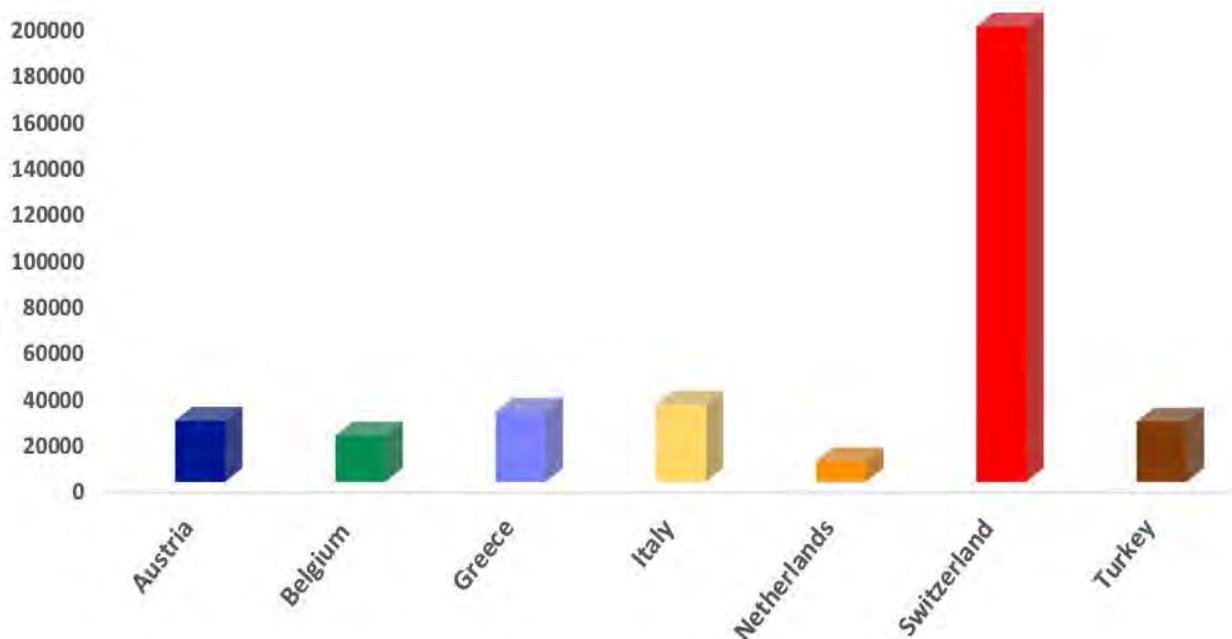
### Support by Sector of Intervention

The chart below shows the allocation of the Foundation’s resources by sector of intervention: 77% of its resources were allocated to Art and Development, 17% to Art and Social, and 6% to Art and Health.



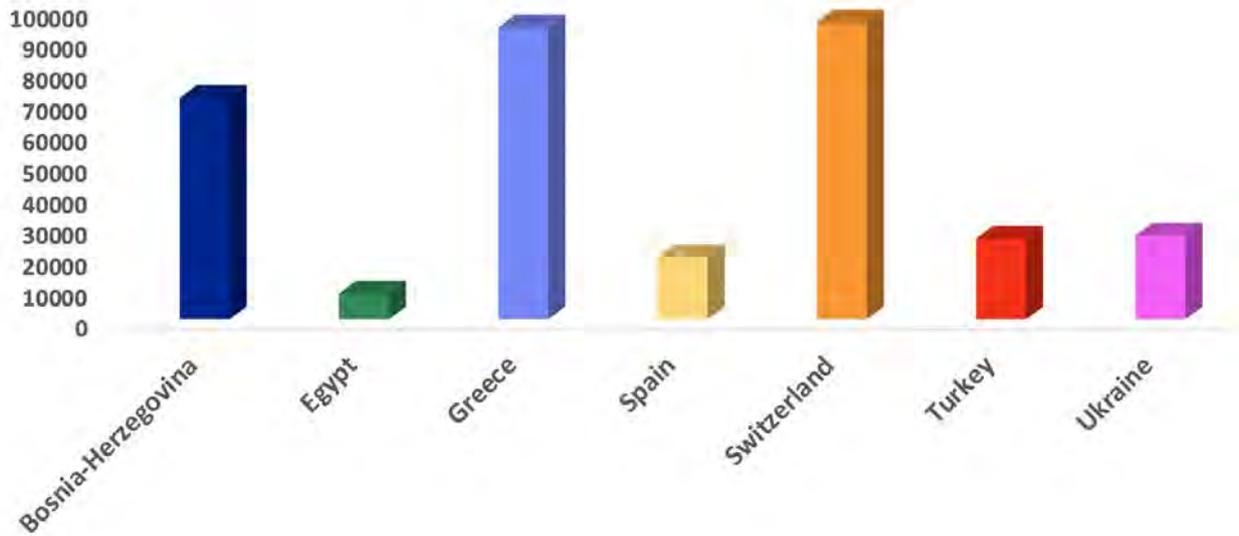
### Support by the Country of the Partners

This chart draws the attention to the country of the organisations directly supported by the Foundation in 2020.

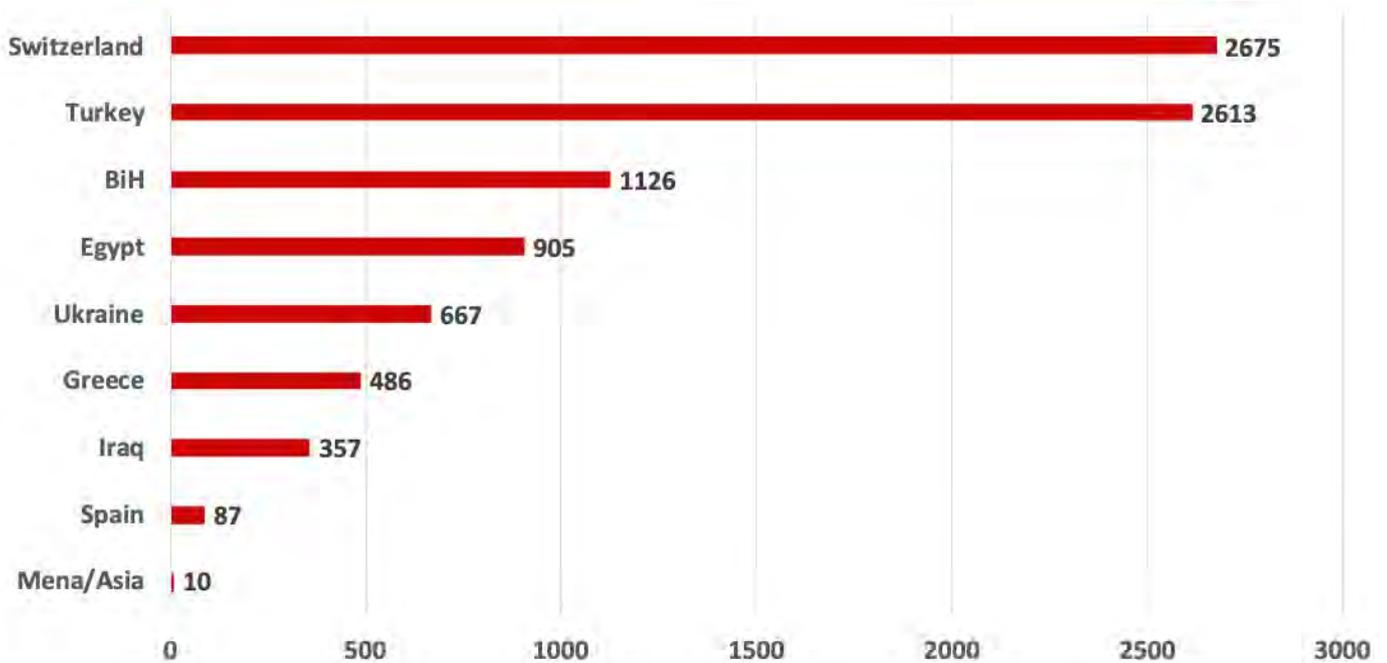


### Support by the Country of the Projects

This chart draws the attention to the country where the projects, supported by the Foundation in 2020, have been developed.



### Direct Beneficiaries per Project Country, Donations 2020



Nota Bene: In Bosnia-Herzegovina, country where the project “Supporting Refugee and Migrant Children in Bosnia-Herzegovina” led by Save the Children took place during 2019-2020, and in Egypt and Iraq, countries where the project «You Create» led by Fondation Terre des hommes took place in 2017-2020, the direct beneficiaries include the final beneficiaries reached during the years of the projects (2017-2020).

# World Map of Projects in 2020

The highlighted points in the map show the countries where the projects took place:



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**10** PROJECTS SUPPORTED BY AMG



## Overview of Donations 2020

8.926 Direct Beneficiaries \*

### Geographical Distribution

- 6 Countries of the Partners
- 7 Project Countries

### Partnerships

- 8 Partners
  - 3 in Switzerland
  - 1 in Italy
  - 4 Abroad

### Art and social

- 5 Music Theory and Practice Workshops
- 2 Healthcare Clowning Missions\*\*

### Art and health

- 575 Effective Music Therapy Sessions

\* The Direct Beneficiaries include the final beneficiaries of the project "Supporting Refugee and Migrant Children in Bosnia-Herzegovina" led by Save the Children during 2019-2020, equal to 1'126, as well as the final beneficiaries of the project "You Create" in Egypt and Iraq led by Fondation Terre des hommes during 2017-2020, equal to 1'275.

\*\* Activities foreseen in 2020 and further suspended on March 16, 2020 and postponed to 2021 due to COVID-19 outbreak and spread around the world.



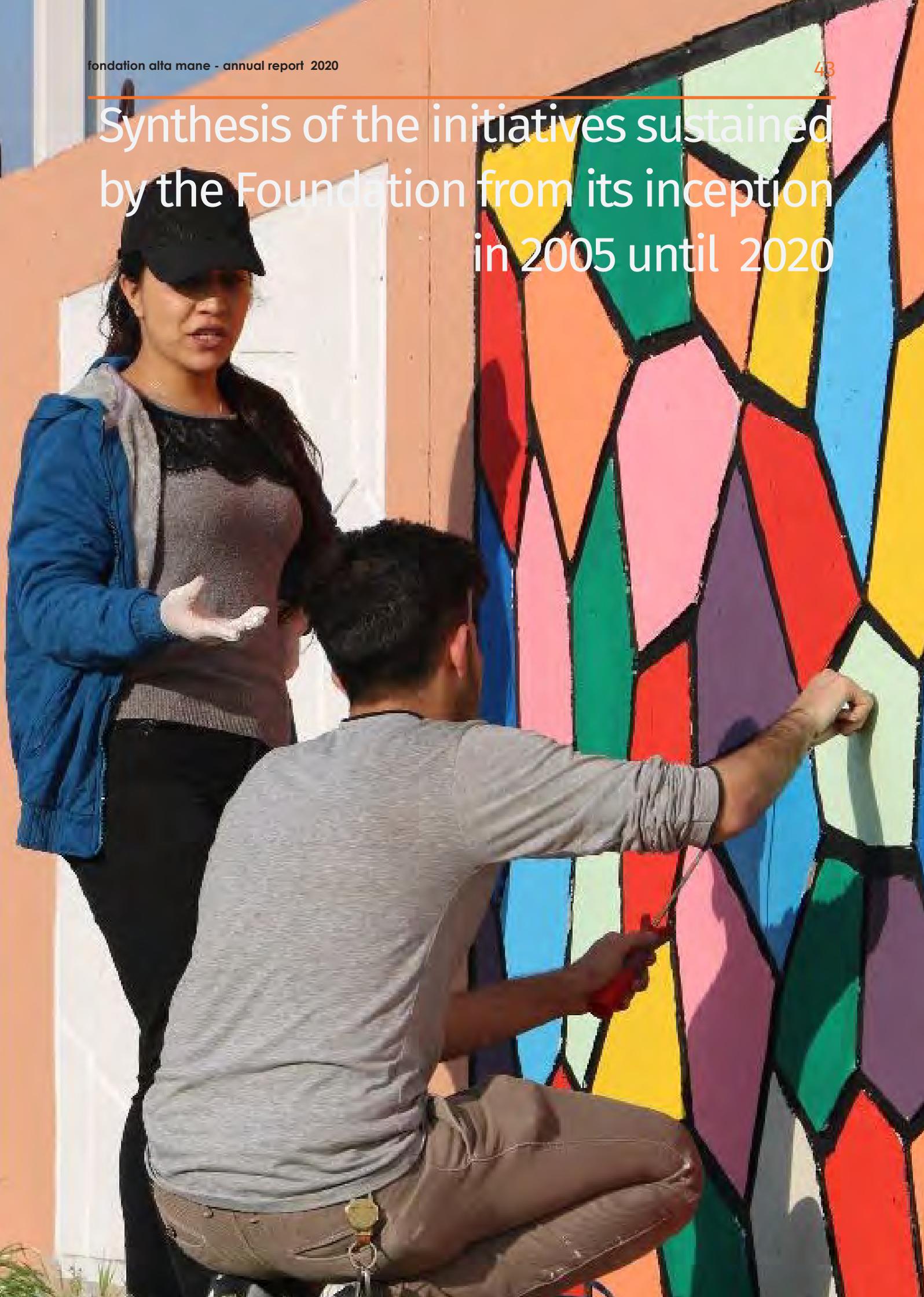
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## Art and development

- 2 Art-Education Workshops\*\*
- 17 Youth-Led Arts-Projects (Greece and Ukraine)
- 91 Art-therapy sessions
- 10 Training Courses
- 20 Artistic-Pedagogic Workshops
- 1 New Art-Education Module\*\*
- 1 Preparatory HEART Program in 5 Model Schools (Una-Sana Canton, BiH)
- 5 Child-Friendly Spaces set-up in Bosnia-Herzegovina and Switzerland
- 7 Emergency Learn and Play Kits delivered in Switzerland
- 1 Emergency Quarantine Box delivered in Switzerland
- 5 Creative Tool Kit and Activity Box delivered in 5 Asylum Shelters in Switzerland



# Synthesis of the initiatives sustained by the Foundation from its inception in 2005 until 2020



## ART AND SOCIAL SECTOR

348 art, circus, dance, music and theatre workshops for at-risk youths in youth shelters, reception centres for migrants, run-down outlying urban areas, communities and cultural centres for people with physical and mental disabilities and autism in:

- Africa (Ethiopia, Kenya, Mozambique, Rwanda, Senegal, South Africa and Zambia);
- Americas (Argentina, Bolivia, Brazil, Colombia, Guatemala, Madagascar, Mexico, Nicaragua, Dominican Republic and Uruguay);
- Asia (Cambodia, Philippines, Myanmar and Thailand);
- Europe (France, Greece, Italy, Romania, Switzerland and Ukraine) and Turkey.

In 2008-2009, the Foundation supported the realization as well of ASEM's House of Culture. The house hosts theatre, music and dance workshops for the most vulnerable and marginalized youths of Vilanculos (Mozambique).

In 2018-2019, the Foundation backed 5 Healthcare Clowning Missions in Greece (Lesbos and Samos Islands, and Mainland Greece) and Ukraine (Kiev and Chernihiv Oblasts) for different population groups in transit, and as a priority, for the minors on the move.

In 2020, the 2 Healthcare Clowning Missions foreseen in Mainland Greece and the Balkans (Bosnia-Herzegovina and/or Serbia), for contingent reasons related to the outbreak and spread of COVID-19 pandemic around the world, have been suspended in March 2020 and postponed to 2021.

## ART AND HEALTH SECTOR

24 hospitals received Fondation Alta Mane support to organize artistic workshops, individual music-therapy sessions or clown visits for young in-patients suffering from degenerative pathologies and/or affected by serious diseases (tumours, heart conditions, spinal cord injuries, bulimia and anorexia, among others) in:

### Africa

- Black Lion Paediatric Hospital in Addis Abeba (Ethiopia);
- Albert Schweitzer Hospital in Lambaréné (Gabon);
- WE-ACTx for Hope Clinic in Kigali (Rwanda);
- Alive Medical Services Clinic (Uganda).

### Europe

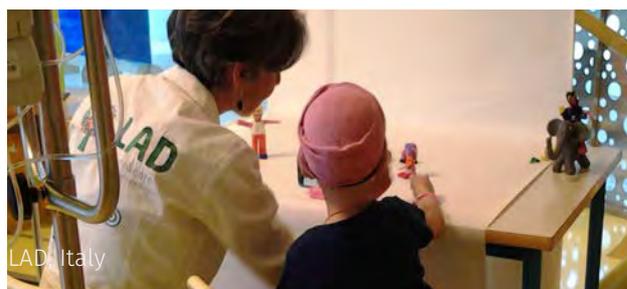
- Switzerland: University Hospitals in Geneva (HUG); Inselspital in Bern; Civic in Lugano; Beata Vergine in Mendrisio; La Carità in Locarno; San Giovanni in Bellinzona; OTAF in Sorengo; Lugano Regional Hospital; and Winterthur Cantonal Hospital;
- Italy: National Cancer Institute (IRCCS) in Milan; Pediatric Oncohematology Ward of the Regina Margherita Hospital in Turin; San Gerardo Hospital in Monza; Pausilipon Hospital and Polyclinic Federico II in Naples; Polyclinic San Donato Milanese in Milan; Polyclinic Umberto I and Bambino Gesù Hospital in Rome; multifunctional centre Spazio Vita connected

with the spinal cord unit of the Niguarda Hospital in Milan;

- Turkey: Çapa Hospital in Istanbul and Hacettepe Hospital in Ankara.

In addition, the Foundation supported artistic workshops held at La Casa dei Risvegli (the house of awakenings) at Bellaria Hospital in Bologna, Cascina Rossago in Pavia, Centro Esagramma in Milan and Dynamo Camp Art Factory in Limestre (Italy). The Foundation funded also individual piano, clarinet and solfeggio classes led by the Association Autisme Genève (Switzerland).

Also, the Foundation supported the realization of an art workshop classroom within the multifunctional centre Spazio Vita which is connected to the spinal cord unit of the Niguarda Hospital in Milan (Italy).



## ART AND DEVELOPMENT SECTOR

- Identification of 5 Model Schools in Una-Sana Canton to implement the Preparatory HEART Program, an educational assessment program, based on the HEART methodology, intended to the educational and social inclusion of the minors on the move with their Bosnian peers;
- Identification and selection of three Primary Schools serving as model and training centers (HEART Friendly Schools) to disseminate the HEART methodology across Bosnia-Herzegovina;
- Design and production of the Guidelines on how to integrate HEART as a regular school activity in the national education curricula (Bosnia-Herzegovina);
- Full equipment of 3 Child-and-Youth Friendly Spaces in Bira, Borici and Sedra TRCs to offer several educational and artistic activities for accompanied and unaccompanied minors located in the centers;
- Set up of 2 Child-and-Youth Friendly Spaces in 2 Asylum Shelters in Switzerland (Boudry Federal Shelter and Fribourg Cantonal Shelter);
- Development, assembly and implementation in 5 Asylum Shelters in Switzerland (3 Cantonal Shelters in Zürich Canton, and 2 Federal Shelters in Ticino Canton) of the Creative Tool Kit and Activity Box, to implement pedagogic and artistic activities inside the Child-and-Youth Friendly Spaces and to train Shelter Operators in the collective Reception Centers in Switzerland;
- Design of 7 Emergency Learn and Play Kits and 1 Emergency Quarantine Box which, during the COVID-19

lockdown (Spring and Fall 2020) in Switzerland, approximately reached 1'400 minors on the move (3-17 ages);

- 91 group art-therapy sessions for 21 refugee and migrant children (5-14 ages), 15 teens (11-16 ages), 15 young adults (18-23 ages), and 17 adults (25+), residing in Reception Centers and Independent Living Houses operated and managed by The Spanish Red Cross in Málaga (Spain);
- 45 Youth-led Arts-Projects developed by refugee and migrant minors and youths on the move, as well as IDPs, in Egypt, Greece, Iraq and Ukraine;
- Design of 6 e-modules to train child protection professionals to the methodology "You Create" and disseminate Best Practices, inside and outside the Tdh network;
- 2 art-education workshops for children and youths in extreme social distress in Turkey;
- 33 music workshops for refugee, migrant and asylum-seeking children and youths located in the refugee camps of Schisto and Eleonas (Athens, Greece) and in 3 Transit and Reception Centers (Bira, Borici and Sedra) in Bihać (Bosnia-Herzegovina);
- 1 new art-education module of the program The Dreams Workshop in Turkey;
- The Phase III of the HEART Program in Bosnia-Herzegovina that also aims to institutionalize the HEART methodology (Healing and Education through the Arts) across Bosnia-Herzegovina, and integrate it into all the national education curricula;
- The psychosocial methodology, arts-based, "You Create" for refugee and migrant children and youths on the move;
- A new Training Curriculum, based on urban music (rap and hip hop) and music d'ensemble for musicians operating in the diverse Transit and Reception Centers in Europe;
- 1 Training of Community Music Leaders in SPRAR Centers in Italy;
- 1 Training in art-therapy at the Paola Biocca Rehabilitation Center in Amman (Jordan);
- 17 Scholarships to allow artists and managers coming from emergent countries (Africa, Asia, Central and Latin America, Middle East) and with very limited financial resources to participate to the HCIM 2018 (Healthcare Clowning International Meeting 2018);
- The completion of the main module, "Laboratori WLAD", of the multifunctional center WonderLAD, that will be used as a space for artistic workshops and education daily activities for the young patients and their families, hosted in at the Paediatric Haematology and Oncology Unit of the Hospital of Catania (Italy).

## ART AND AWARENESS

(TOUR, FESTIVALS, CONCERTS, PLAYS AND SHOWS)

- A show, directed by the renowned international director Cesar Brie, performed for the public at the ECuNH Centre;
- The show "Finding David", an abridged version of the

book of Athol Fugard "Tsotsi", featured by the students of the Cape Town Opera Company;

- "Arte x Igual" Festival, organized in San Carlos de Bariloche (Argentina) by Cre-Arte, Partner of the Foundation since 2012. The support of Alta Mane allowed three Italian Associations (AllegroModerato of Milan, Accademia Arte della Diversità of Bolzano and ZeroFavole of Reggio Emilia with Babilonia Theatres) to contribute to the Festival with performances and concerts in the main theatres and auditoriums of the city;
- The show "The Singing Garden" (Francesco Nassimbeni) featured by the students of the company Cape Town Opera;
- 2015, 2017 and 2019 Out of the Box Inclusive Art Biennial in Geneva (Switzerland);
- 2 shows of integrated dance "Ailes" (Silvia Ortega) and "Shivers" (Uma Arnese) featured by the Association Artumana and presented within the Festival Out of the Box, June 7-8, 2017;
- The play "Libro Vivo" engaging 40 children living in conditions of social vulnerability from 4 slums of Montevideo. The play was made by TECHO Uruguay, in the Teatro Ensayo Abierto of Montevideo, on October 28, 2017;
- 5 representations of the opera Turandot (Giacomo Puccini) by Juventus Lyrica with the participation of socially disadvantaged children and youths in Buenos Aires (Argentina). The representations were featured at Teatro Avenida, in September 2017;
- First African Circus Festival in Addis Abeba (Ethiopia), coordinated by Fekat Circus in 2015;
- International Poetry Festival in Medellín (Colombia), coordinated by Prometeo and supported by the Foundation since 2014;
- Orme Festival, an inclusive arts festival held in Lugano (Switzerland), organized by Danzabile and supported by the Foundation in 2014, 2015, 2016, 2017 and 2019;
- The plays "Una Opera da tre soldi" (a three-penny opera) and "Granelli di Tempo" (grains of time) produced by Danzabile between 2013 and 2015 (Switzerland);
- 4 representations of the opera Carmen by Juventus Lyrica with the participation of socially disadvantaged children and youths in Buenos Aires (Argentina) in 2015;
- Circus debate-shows by Clowns Sans Frontières in the refugee camps on the border between Thailand and Myanmar and in Madagascar;
- 7 training and awareness raising events on various issues, including health, general and dental hygiene, environmental protection, sexuality, teenage pregnancy and domestic violence. The events used



## EXCHANGES



art to convey their message and took place in Manguihos, a shantytown in the north of Rio de Janeiro (Brazil). The events were supported by the Foundation in 2015 through CESVI;

- Presentation of the show Parada-IS in Milan and Rome (Italy). The show, which combines theatre and circus, was produced by Fundatia Parada artists (Romania);
- Tour in Switzerland and Italy of a music band from Mozambique composed of 10 socially marginalized youths affiliated with ASEM;
- Debut at the Boma Theatre in Nairobi (Kenya) of a show produced by a group of 20 young Kenyan artists (Juakali Drummers) coming from the slums of Nairobi;
- A Study Tour for the same 20 members of the Juakali Drummers at the 2009 Umbria Jazz Festival in Perugia (Italy) and production of a video documenting the experience;
- A Study Tour for 20 youths from Projeto Axé at the 2010 Umbria Jazz Festival in Perugia (Italy);
- A chamber music group composed of 6 youths from Projeto Axé (Brazil) travelled to Italy on the occasion of the 2008 International Rome Film Festival and performed with the renowned Italian singer, Fiorella Mannoia;
- Recording and production of 3'000 CDs by BandAxé, a group composed of 12 young musicians from Projeto Axé coming from the favelas of Salvador de Bahia (Brazil);
- Production and tour of the show "La stagione senza parole" (the season without words) by 23 artists with mental and physical disabilities from three organizations based in Switzerland, Russia and Germany. The Foundation supported the Swiss association Giullari di Gulliver.

**14 exchanges** between long-standing Partners of the Foundation that had the opportunity to visit their respective project sites and organize joint artistic initiatives:

- 1 exchange in 2018 between Fekat Circus and Phare Ponleu Selpak (PPS) which foresaw the participation of 3 professionals of PPS to the African Circus Arts Festival held in Addis Abeba from February 28 to March 4, 2018 with the participation of 6 Ethiopian circuses and 5 other African circuses from Kenya, Morocco, South Africa, Guinea and Mozambique;
- 1 exchange, organized in 2017, by Fekat Circus and Phare Ponleu Selpak within the project "Circus, Berta!", in Ethiopia, supported by the Delegation of the European Union in Ethiopia;
- 5 exchanges organized between 2011 and 2016 under the auspices of the "Theatre without Borders" project. The meetings involved artists with disabilities, members of the theatre companies Giullari di Gulliver from Ticino (Switzerland), Perspektivij from Russia and BHH Sozialkontor from Germany. The exchanges took place in St. Petersburg (Russia), Hamburg and Nieheim (Germany) and the Ticino Canton (Switzerland);
- 2 exchanges between AMREF operators and young beneficiaries (Kenya) and Projeto Axé (Brazil). AMREF and Axé were both long-standing partners of the Foundation, working with at-risk youths in the slums of Nairobi and the favelas of Salvador de Bahia through artistic workshops;
- 2 exchanges between ASEM representatives (Mozambique) and Pé no Chão/ Projeto Axé teachers from, respectively, Recife and Salvador de

- Bahia (Brazil);
- 1 cultural exchange project in Switzerland organized by Cre-Arte, partner of the Foundation, working in Argentina with youths facing severe psychophysical and social hardship. The exchange included theatre and music workshops organized in collaboration with KFE University and Theatre Hora (Zurich);
- 1 seminar in Dresden (May 2009) between representatives of the Latin American Network of Art and Social Transformation, an organization linking 60 social art projects in Latin America with European organizations working in the same sector;
- 1 exchange between Vientos Culturales and Prometeo during 2015 Medellin International Poetry Festival.

**95 training courses** on art-education to encourage the adoption of these practices among teachers and professionals:

- 1 The-Train-the-Trainer Program (TTT), a training program focused primarily in using art-therapy as a tool for Staff's self-care and modulation of stress at work and intended to provide local caregivers from The Spanish Red Cross with new tools using art-therapy for enriching their daily interventions;
- 8 Training Courses to implement the "You Create" methodology in Egypt, Greece, Iraq and Ukraine, for 154 professionals in child protection, educators, psychologists, local Staff of Terre des hommes, art teachers and several officials from the Egyptian Ministry of Education;
- 1 Capitalization Global Training for 21 Tdh Staff professionals from 12 different delegations in the MENA, Asia and Eastern Europe zones to disseminate and implement the "You Create" methodology;
- 1 "in-depth technical support" to set and manage the Child-and-Youth Friendly Spaces, set up in Federal and Cantonal Asylum Shelters in Switzerland;
- 1 Trainer Training (2-days) to develop and implement the art-education program "The Dreams Workshop" in Turkey;
- 5 Training Courses to implement the "Creative Tool Kit and Activity Box" in 9 Asylum Shelters in Switzerland, 4 federal and 5 cantonal, for 87 people (Directors, co-directors and Shelter Staff);
- 1 Training in Art-therapy for 25 formal and informal educators, artists, teachers, psychologists and volunteers working at the Paola Biocca Rehabilitation Centre and refugee camps in Amman (Jordan);
- 1 Training in Community Music Leaders in the SPRAR Centers for 30 professional and amateur musicians working with young asylum seekers and refugees (Turin and Bologna, Italy);
- 5 Preparatory Training Courses to the Emergency Smile Missions in Greece (Lesbos and Samos Islands, and Mainland Greece) and Ukraine (Kiev and Chernihiv Oblasts) for 18 Clown-Doctors and 5 Head of Mission;
- 9 Welcome Notes Europe Trainings, basic and advanced, for 268 musicians, music teachers and Workshop Leaders from Bosnia-Herzegovina, Germany, Greece, Italy, Scotland and The Netherlands;
- 9 Basic HEART Trainings, for the dissemination the HEART methodology, and 6 Follow-up Trainings, for 210 teachers and pedagogues from 47 primary schools in Una-Sana Canton (Bosnia-Herzegovina). The Training was organized by Save the Children North West Balkans;



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PROJETO AXE (Brazil),  
 FUNDATIA PARADA (Romania),  
 SLUM DRUMMERS (Kenya)-  
 PROJETO AXE (Brazil);

Pagina 47

YOU ABLE (Jordan)



- 1 Community Music Leadership Training for 24 new Rwandan Community Music Leaders and 25 new Community Music Leaders from Goma (RCD), to use music with children and youth HIV positive, orphans, at risk and in vulnerable condition in Rwanda and RDC;
- 2 On-going Trainings intended to 76-81 Rwandan Community Music Leaders, formerly trained by Musicians without Borders, to strengthen local Capacity Building and accompany the “Rwanda Youth Music” Program towards sustainability;
- 2 Training Courses on the HEART methodology (Healing and Education Through the Arts) for 36 teachers from 12 schools in three municipalities in the south-west of Haiti. Participants learnt how to provide psychosocial support through the arts to 2’368 children affected by the hurricane Matthew. The Training was organized by Save the Children Schweiz;
- 3 Training Courses on the HEART methodology and 2 follow-up trainings to 59 teachers, pedagogues, psychologists, social workers and special education professionals from 14 primary schools, 1 kindergarten and 6 drop-in centers in the Una-Sana and Posavina Cantons (Bosnia-Herzegovina). The Training was organized by Save the Children UK;
- 1 Training Course intended to 80 young cultural operators, trained by MURALES RACCS (Fundación Movimiento para la Unidad Regional del Arte y las Expresiones socioculturales de la Región Autónoma Costa Caribe Sur) to use pedagogical methodologies art- based as a tool for social change;
- 1 Training Course in social circus intended to 20 youths to become operators at the Escuela de la Comedia y el Mimo;
- 1 Training Course of management, organized by the association COOPI Suisse in collaboration with the University of State of Haiti, intended to 15 youth operators already managing cultural organizations or working as artists in Haiti, to bring out a new generation of cultural operators;
- 5 Training Courses for 75 teachers from various Cambodian provinces, school directors, trainers from NGOs and provincial, district and ministerial officials for education. The courses aimed at integrating art and play into classrooms, helping children with disabilities during the learning process, stimulating their creativity and facilitating their social integration. The sessions were organized by the Cambodian organizations Rabbit School Organization and Epic Arts and supported by Alta Mane via the Swiss organization Aide et Action;
- 4 Circus Training offered by Phare Ponleu Selpak to 2 trainers, 30 assistants and 3 staff members of the association Caméléon, hosting victims of violence in Passi, Panay Island (Philippines). The Foundation supported the project via Apprentis d’Auteuil Switzerland;
- 5 Basic and Follow-up training courses offered by Musicians without Borders to allow 3 Rwandan trainers, 106 Community Leaders in Kigali and 20-30 CML trainees of a clinic and main hospital in Kigali to use music in favour of children and youths living in extremely vulnerable conditions with HIV-AIDS or in refugee camps;
- 4 Training Courses offered by Musicians Without Borders to allow 60 youths, living in Mahama refugee camp (Rwanda), 45 youths in Kigali, 3 Rwandan trainers and 28 trainees of a clinic and main hospital in Kigali to use music in favour of children and youths living in extremely vulnerable conditions with HIV-AIDS or in refugee camps;

Photos: in this page

DYNAMO CAMP, Italy

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TERRES DES HOMMES,

Ioannina Greece

- 1 Technical-Musical Training for 13 young drummers of the group Slum Drummers of the outskirts of Nairobi (Kenya). The training helped them offer psychosocial support through music to 80 street children in Waitthaka (Kenya). Partner: Gruppo per le Relazioni Transculturali (GRT);
- 4 Training Seminars organized by Solidar Suisse for 16 sociocultural mediators involved in the management of theatre groups, cine-clubs and cultural centers in Bolivia within the LanzArte project;
- 1 Advanced Course (Matriz das Artes) for 40 young drummers living in the favelas of Salvador de Bahia (Brazil), aspiring to teach drums to the children involved in Projeto Axé;
- 4 Training Courses in Art-Education (Projeto Axé) for a total of 200 operators and teachers working on social art projects in Brazil;
- 1 Training Course for the socioeconomically disadvantaged young artists of Fundatia Parada to help them integrate into society and start a professional career at the Academy of Social Arts of Bucharest (Romania).

#### RESEARCH

- Three-year research project on the effects of art therapy in adolescents (aged 11-18 years) suffering from severe eating disorders (anorexia, bulimia and obesity). The project involved three Swiss hospitals (Regional Hospital in Lugano, Cantonal Hospital in Winterthur and HUG in Geneva) and was coordinated by Fondation Art-Thérapie (Geneva);
- Realization of a cellular therapy laboratory and support for a scientific experimental research project carried out by the Biopathology and Diagnostic Department at the Tor Vergata University of Rome (Italy). The project aimed at verifying the possibility of using umbilical cord stem cells for bone marrow transplants in patients affected by blood diseases (leukaemia and lymphoma, among others)..

#### Axé Italia

Fondation Alta Mane has supported the important strategic development of the Association Axé Italia Onlus for six years (2009-2015). The project was aimed at implementing fundraising activities in favour of Projeto Axé Brazil, therefore contributing to the consolidation of its action in favour of youths living in the favelas of Salvador de Bahia. Finally, the Association intended to spread the ArtEducation methodology, which is based on the Pedagogy of Desire, in Italy to benefit at-risk youths.



# Legal Information

## Members of the Foundation Board:

Cataldo D'Andria – President  
 Stefano Mazzi – Member  
 Francine Wilson-Buemi – Member-Secretary  
 Alexandra Gelpke – Member  
 Dante Razzano – Member

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alta mane supraque tuos exsurge  
dolores in fragilemque animum,  
quod potes, usque tene

*Ovidius, Consolatio ad Liviam*

