



Annual report 2022





RED NOSES INTERNATIONAL, Activities in Lesbos, Greece (Photo ©RNI-Craig Russell)



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“Culture and the arts are essential components of a comprehensive education leading to the full development of the individual. Therefore, Arts Education is a universal human right, for all learners, including those who are often excluded from education, such as immigrants, cultural minority groups, and people with disabilities”

Road Map for Arts Education, UNESCO, 2006



About us - Mission

Fondation Alta Mane is an international, non-profit foundation, headquartered in Geneva and founded by private individuals in 2005. It is registered in the Commercial Registry of Geneva; it has been recognized as a public-interest entity by the Fiscal Authority of the Geneva Canton and is under the jurisdiction of the Internal Affairs Department of Bern.

The Foundation deploys its financial resources to achieve its institutional goals: support young people living in conditions of extreme social marginalization and poverty, as well as those affected by serious illness or disability by offering them access to artistic experiences.

Art facilitates the recovery of identity, communication and expression skills by engendering confidence in oneself and in others and encouraging intercultural dialogue and social engagement.

Alta Mane operates both in Switzerland and abroad, with particular attention to those countries where the conditions of young people, their rights and their health are most compromised and at risk.

Sharing the conviction, expressed in UNESCO's Road Map for Arts Education (2006), that all youths have the right to grow in dignified conditions and fully develop their potential, the Foundation identified Art, in all its forms (music, dance, theatre, poetry, mime, sculpture, painting and clowning, among others), as its specific, priority area of intervention and built a strategic vision centered on the philanthropic support of youths living in extreme social and health disadvantage.

This choice was also made after observing that culture and the arts, particularly in critical conditions, do not receive sufficient acknowledgement and support by public and private entities despite the recommendations comprised in the 2006 UNESCO's Road Map for Arts Education.

To achieve this goal, Alta Mane has been identifying 4 main priority sectors of intervention, namely: Art and Social, Art and Health, Art and Awareness, and since 2017 Art and Development.

This approach materializes in a variety of initiatives and activities, such as:



SAVE THE CHILDREN SCHWEIZ, Switzerland

Art and Social

Artistic workshops in contexts of social exclusion in favor of extremely marginalized young people or victims of migration

Art and Health

Artistic workshops in therapeutic contexts in favor of youths in extreme psychological and physical distress

Art and Awareness

Awareness-raising initiatives showing the transformative capacity of art through Festivals, plays, tours and specialist reviews and the promotion of its Partners' artistic initiatives and works to increase their visibility and potential future self-sustainability

Art and Development

Research, modelization and dissemination of new arts-based methodologies to intercept and alleviate psychophysical and social distress of those young people living in conditions of extreme social marginalization and poverty, as well as of those on the move, in the view of the possible engagement of the public or private sector

Initiatives (congresses, trainings, festivals and field meetings, among others) to promote the capitalization and replication of practices, toolkits and models capable of introducing a measurable social change and fostering the creation of networks

Development of Monitoring and Evaluation Processes related to arts-based initiatives

Realization of spaces and facilities to host artistic activities dedicated to extremely vulnerable youths, only after a long-standing and valid relationship with the Partner

How we intervene

The Selection Process

The Foundation selects projects either after:



Evaluation of the proposals submitted via the Foundation's website or

direct search and contact with potential partners (scouting) after studying and evaluating projects within the domains and subjects of interest to the Foundation as well as their methods of intervention



projects in co-partnership with AMI.

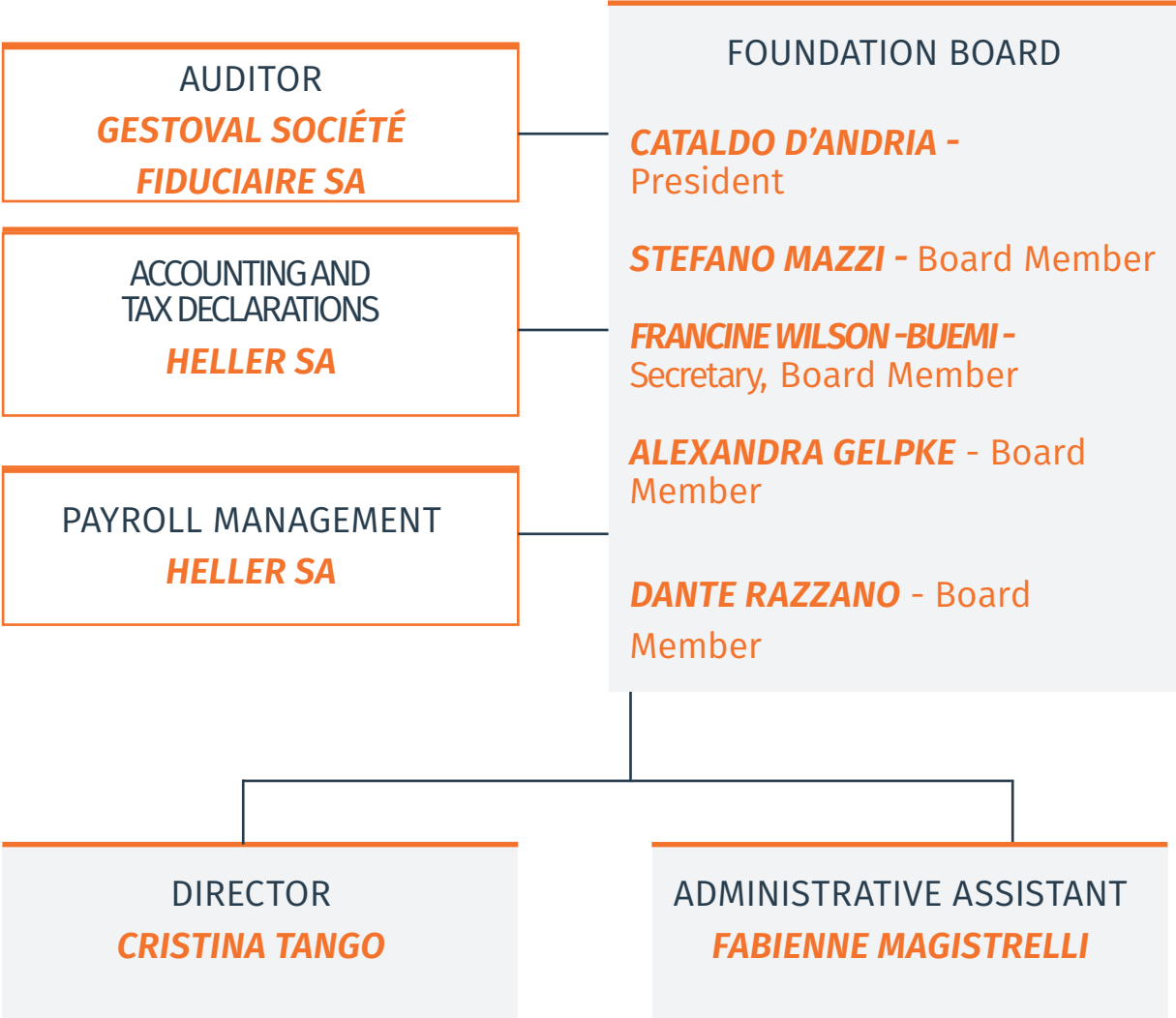
Selection criteria for Partners and Projects

After a preliminary evaluation based on the institutional and financial accountability of the applicant, intended to ensure coherence between the proposal submitted and the Foundation's interests and objectives, potential partners are rigorously selected on the following criteria:

- **professionalism of the applicant, its competence, reliability, expertise and previous experience in the field, as well as on the completeness and transparency of the information provided;**
- **intended objectives, theoretical/practical methodologies designed and adopted, and the appropriate evaluation of the socio-cultural or therapeutic context and of the artistic initiatives put forward;**
- **adoption of codes of ethics and conduct and operational methodology aimed at guaranteeing full respect for the needs of the beneficiaries and all those operating in the critical context of the project;**
- **impact evaluation, future self-sustainability and replicability potential of the project.**

Additionally, since 2017, in line with the strategic renewal of the Foundation, approved by the Foundation Board and inclined to design new project management perspectives, to adopt new modalities of intervention as well as to prioritize geographical areas of action in order to respond to the migration emergencies affecting many children and youth on the move, the Foundation gives priority consideration to the project proposals localized in Europe.

Organizational Chart



Fondazione Alta Mane Italia (AMI)

Fondazione Alta Mane founded Fondazione Alta Mane Italia (AMI) in 2010 as its institutional project, aimed at improving and extending the efficacy of the philanthropic initiatives connected to art education for socially marginalized youths, and art therapy in health care.

AMI's statutory goal is to support projects "aimed at improving the living or health condition of people, individuals or groups, as well as youth, undergoing a profound crisis, extreme social difficulty or psychosocial suffering, by supporting their development and social, physical, recreational, emotional and psychological well-being, particularly through experiences and initiatives tied to Art and its applications in the social and medical field" (article 2.1 of AMI Statutes).

Following recognition from the Prefecture of Rome, AMI began operations in 2011 and quickly extended its reach, connecting with numerous non-profit associations working in this sector, coordinating various exchange projects among its Partners, both in Italy and abroad, and overseeing all activities related to the management, monitoring and follow-up of projects undertaken in co-partnership with the Foundation.

For more information and updates on AMI activities, visit the following website: www.altamaneitalia.org

2022 in review



Brief summary of the main initiatives supported in 2022

Characterized by uncertainty and current emergencies, 2022 has shaped new political, social, economic, educational, and cultural geographies where the erosion of democratic regimes and the national polarization have led to a constant decrease of the defense and promotion of human rights. In this framework, Michael O'Flaherty, Director of the European Union Fundamental Rights Agency, during the Conference "Human-rights based philanthropy: a common impact for all", emphasized the crucial role that philanthropic entities and foundations can play in the defense of human rights by supporting organizations defending and integrating the lens of human rights into their projects.

During 2022, in continuity with a renewed philanthropic engagement that since 2017 outlines and drives the Foundation's strategic interventions and in accordance with the above, Alta Mane has put at the center of its actions the response to the complexity and urgency of some major epochal challenges such as, for example, the promotion of human rights and the defense of fundamental freedom in migration emergency settings by supporting many projects developed by international organizations for the benefit of numerous children made vulnerable by their different (and traumatic) migration journeys.



During the past year, this engagement has taken shape in the support to El Sistema Greece, Greek Council for Refugees, Save the Children Schweiz and Italia Onlus, RED NOSES Clowndoctors International, The Red Pencil (Europe) and Musicians Without Borders which, in equal and complementary ways, have contributed to the promotion and defense of the rights of minors with a migration background and to safeguard children on the move protection policies through ART.

In parallel, driven by the aspiration to define and delimit its action within the panorama of strategic philanthropy, Alta Mane has supported two partners (Musicians Without Borders-art27 and the Fondation Privée des HUG) which, on the one hand, corroborated the Foundation's role not only as financial donor, but also as "relationships facilitator" through the support to art27-Arts for Social Inclusion, a platform intended to create a network between arts-organizations that promotes, spreads and disseminates an invisible capital of arts-based experiences and knowledge in contexts of social distress and, on the other hand, empowered the Foundation to play the role of innovator/experimenter in the field of clinical research applied to art through its support to the pilot project "Musicothérapie à l'Hôpital des Enfants des HUG de Genève".

Regarding the co-partnerships, in 2022, the Foundation confirmed the suspension of the partnership agreements managed by Fondazione Alta Mane Italia (AMI), a decision already undertaken in 2019 and reiterated in 2020 and 2021.

In relation thereto, reminder is given that these are three-way contracts between Fondation Alta Mane, AMI and the beneficiaries (Partners), according to which:

- Alta Mane Italia supports the Partners during the start-up/implementation of their projects throughout varied and complex social or hospital conditions, monitoring and assessing the sustainability of the Partner;
- Fondation Alta Mane supports the aforementioned beneficiaries through donations preceded by the usual verifications.

The sector of intervention remains the use of art in situations of extreme social marginalization and hospitalization of young people due to serious pathologies.

OTHER DONATIONS

In addition to the above-mentioned organizations, in 2022, Alta Mane reaffirmed its support, as exit preparation phase, to Educational Volunteers Foundation of Turkey (TEGV), a Foundation's partner since 2014, by renewing its support to an art-education project in Turkey.

NEW DONATIONS

Additionally, the Foundation broadened and diversified its collaboration with The Red Pencil (Europe), one of the Foundation's partners since 2020, by supporting an art therapy project destined to children affected by cancer, caregivers, doctors and nurses in Lebanon and Egypt.

In conclusion and in brief, 11 projects received direct donations from the Foundation, out of which 2 partners were based in Switzerland (Geneva and Zurich Cantons) and 7 abroad (Austria, Belgium, Greece, Italy, The Netherlands, and Turkey).

The graphs at pages 40-42 show the geographical distribution and sector (art and social, art and health, art and development) of the support disbursed by the Foundation in 2022.



RED PENCIL - EUROPE, Spain

Focus 2022

Focus 2022

Art Therapy Intervention for Asylum Seekers and Hospitalized Children

Art Therapy Intervention for Asylum Seekers in Málaga – Phase I-II (2020-2022)



For many years now, Spain is the destination of a constant flow of migrant, refugee, and asylum seekers arrivals, mostly Single Men, coming from Africa (especially from Morocco and Algeria) and Latin America. In 2017 there was a significant increase in number of arrivals, confirmed in the following years and mostly in 2018 when the Western Mediterranean route (Strait of Gibraltar) has become the main Maritime route taken to reach Europe, with 184'567 arrivals between 2006 and 2021, according to the latest data from the Ministerio del Interior (December 2022).

Since February 24th, 2022, this unceasing flow of people on the move trying to reach Europe, and with it a future of freedom, emancipation, and dignity, overlapped with the rapid and unprecedented arrival, by land, of refugees, mostly women (64%) and children under the age of 18 (33%), fleeing the war in Ukraine. According to the latest statistics from the Ministerio de inclusión, seguridad social y migraciones (December 2022), there have been a total of 11'390 arrivals in the city of Málaga (CC.AA de Andalucía) and 86'625 throughout the country. To cope with the fast and significant arrival of Ukrainian refugees, the reception system has been strengthened nationwide with the opening of new C.A.R. (Centros de Acogida a Refugiados), 60% of which are managed by The Spanish Red Cross, Málaga becoming the fourth city by number of new arrivals, after Alicante, Barcelona, and Madrid.

Deeply impacted, on a psychological, emotional, and psychosocial level, by their different migration journeys and trauma/ violence suffered along the way, people on the move, and especially minors and UMA, experience what is defined in clinical terms as a "Migratory Grief". Grieving is a psychological phenomenon caused from the loss, both physical, like losing a loved one, and symbolic, such as the loss of one's country of origin, economic and social status, social relationships, and oneself, which forces adaptation to a new space-time reality and entails redefining one's identity. Continuously confronted with stressful situations, people on the move develop, in most cases, what is defined as the Ulysses Syndrome (Immigrant Syndrome of Chronic and Multiple Stress), which manifests itself through a range of symptoms such as depression, anxiety, dissociative and somatoform disorders, and, at the same time, need to work on their own emotions and develop coping strategies to adapt to the new reality, made up of losses, and create, from scratch, a new relational and social network. In such circumstances, art therapy, in line with the findings of the existing scientific literature in this regard, has proven to be a complementary practice to other strategies for psychosocial care since, in its metalanguage function, allows people with a migration background, and in primis minors, to start a rehabilitative post-traumatic process of empowerment and resilience.

"Aesthetic pleasure can be experienced like a protective cloak, shielding oneself from the aversive environmental conditions, bringing back a feeling of wholeness. Active creation of such aesthetic pleasure can be the means of experiencing resources, self-efficacy, and resilience", (Dieterich-Hartwel, R., & Koch, S.C. (2017). Creative Arts Therapies as Temporary Home for Refugees: Insights from Literature and Practice. Behavioral Sciences).

In order to respond to the needs for emotional support of the different population groups in transit and/or on the move, The Red Pencil (Europe) develops since 2020 in Málaga (Spain), in collaboration with The Spanish Red Cross, an integrated art therapy program aimed, on the one hand, at offering people with a migration background therapeutic support and participatory care to enhance their protection, strengthen their sense of belonging and give them a sense of future; and, on the other hand, to train local caregivers, who daily works in migration contexts, on the art therapy practice as an innovative tool for self-care and stress management/modulation.

"When individuals create art, memories are released. The physical act of the art process, which includes hand and body motions, further offers moments of regained power and aesthetic experience. As individuals depict their old houses,

homes, loved ones, aspects of themselves, and their stories through visual media, their identities can be strengthened and they can experience a sense of momentary home, stability, and remembrance”, (Dieterich-Hartwel & Koch, 2017).

Phase I (2020-2021)

During Phase I of the project (2020-2021), implemented in three C.A.R. and Independent Living Houses managed in Málaga by The Spanish Red Cross, art therapy was fundamental to mainly allow minors and youths on the move to process and express their emotions in a non-verbal way, beyond language barriers and social coding standards. The adoption of non-verbal expressive tools allowed young beneficiaries to express negative/traumatic emotions and feelings through the elaboration of symbols and individual metaphors, which captured and gave shape to the collective migration-related trauma.

The impact evaluation, carried out at the end of 120 art therapy sessions (12 cycles of 10 sessions), conducted in the dual mode Closed Format and Open Studio and reaching 83 beneficiaries (5-25+ ages), confirmed how art therapy allowed participants to reduce their anxiety, create empathy within the group, develop coping mechanisms, and regain their own voice and identity.

“I feel as though there is a before and after, it’s like a change... It has helped me to stop being so shy and let the energy inside me flow through the drawing. It has helped me to get over my fears, for example my shyness and other things”, Art Therapy Participant

During the same period, with the purpose of transferring the art therapy skills to the caregivers who intervene on the field as a tool for Self-Care as well as ensuring the replicability and self-sustainability of the program in the medium-long term, The Red Pencil launched the training Train-The-Trainer (TTT) organizing 8 sessions reaching 19 caregivers from The Spanish Red Cross.

Implemented in the midst of the COVID-19 pandemic which, according to a recent study led by the World Health Organization, due to the restrictive sanitary measures put in place to contain and stop the spread of the virus, has deteriorated, in 50% of cases, the mental wellbeing of people with a migration background located inside the reception centers, exacerbating the existing high levels of depression, anxiety, distress and loneliness, Phase I of the program ended up with an exploratory study, made in collaboration with The Spanish Red Cross, “Art Therapy Intervention addressing migratory grief and resilience for teenage asylum seekers in the context of COVID sanitary crisis”. Stressing how during the many lockdowns the lack of spaces for social interaction and exchange inside the reception centers has intensified the feeling of loneliness and social isolation, the study point outs that art therapy interventions have been crucial for youths as a practice for psychosocial support and care who, in the aesthetic and creative experience of art, have found protection and regained a sense of normality.

“Good. I’ve felt like I could express everything freely. Express everything like that, without hiding”; “The difference is that in normal art class I can’t express my feelings like that, so directly. Here I can do it however I want...it’s like nothing comes out of these walls, like what is said here stays here”, Art Therapy Participants

Phase II (2021-2022)

During Phase II of the project (2021-2022), The Red Pencil since February 2022 and in order to respond in a timely and targeted manner to the two-fold migration emergency in Spain, adapted its interventions by adopting an inclusive therapeutic approach articulated by the combination of:

- (i) “Standard” art therapy sessions intended for migrants, refugees and asylum seekers, mostly Single Men (18-24 ages) mainly coming from Africa and designed to improve their Life Skills and foster the development of Self-Care Skills;
- (ii) “Psychological First-Aid” (PFA) art therapy sessions intended for Ukrainian refugees (women and children) focused on the mitigation of emotional distress and designed to stabilize their emotions and develop coping mechanisms.

The results obtained in terms of qualitative impact along Phase II, during which 12 cycles of art therapy have been organized reaching 126 beneficiaries (5-25+ ages), of whom 65 Ukrainian refugees, confirmed the validity and relevance of using art therapy, for its healing power, as a method of intervention facilitating stress regulation and emotional stabilization, as well as allowing beneficiaries to acquire coping strategies to mitigate PTSD symptoms, start a new life path, rebuild a new identity based on the acceptance of loss and the rationalization of fear.

“I would definitely say both the overall and specific objectives were met. This is confirmed by participants’ feedback at interview where they expressed that the sessions had given them a space to reflect, to dream and hope and think about the things they wanted to do. Participants expressed that they learned to use their imagination, to cooperate and work as a team. They also felt the physical space was inviting to make art, to imagine, build and try new things. They said Art Therapy gave them courage and confidence and they learned something new every week”, (Liliana Montoya de la Cruz, Art Therapist)

During the same period, the Arts-Based Capacity Building & Training (ACBT) has been launched, reaching 5 caregivers of The Spanish Red Cross working in the reception centers. The aim of the training was to provide the Staff of the partner organization with emotional self-regulation strategies, a space for meeting, dialogue, and exchanges on some project specificities and/or individual cases, and to stimulate the development of collective coping strategies. The impact evaluation carried out, among the participants, at the end of the training brought out the following results (i) a general improvement of their emotional well-being (reduction of anxiety, stress, depression); (ii) a development of their expressive skills (emotions, thoughts, feelings); (iii) the strengthening of their relational skills and competences (listening, assertiveness, interaction with the group).

Art Therapy Intervention to hospitalized children affected by cancer and other long-term illnesses in Lebanon and Egypt (2022)

The collaboration with The Red Pencil initiated in 2020 at the Reception Centers in Málaga managed by The Spanish Red Cross confirmed the value of art therapy as a non-verbal practice, complementary to other types of psychosocial support and care, in different contexts of extreme vulnerability and social exclusion, such as the migration ones. Based on the excellent results obtained in terms of qualitative impact on minors and young people on the move and on Red Cross caregivers, in 2022 Alta Mane decided to extend and diversify its support to Red Pencil (RPE) initiating a new support in favor of an art therapy project, in Lebanon and Egypt, intended for children affected by cancer, caregivers, doctors and nurses. The aim of this double mission was to strengthen (Phase II), in Lebanon, the art therapy program, successfully launched in 2020-2021 in 6 pediatric oncology hospitals in Beirut and Byblos to ensure the sustainability and durability of art-therapy activities at local and community level; as well as to pilot in Egypt (Phase I) the same program to introduce the practice of art therapy in contexts of healthcare distress and in favor of children affected by cancer, hospitalized at The Borg Al Arab University Hospital (BAUH), and/or during their disease remission phase.

Phase II (Lebanon)

Over the past centuries considered one of the most prosperous countries in the Mediterranean, Lebanon has been experiencing, since 1970, a slow and inexorable economic and social decline worsened by the civil war (1975-1990) and the permanent military and terrorist attacks. In 2020, the economic hardship and political turmoil rapidly deteriorated with the outbreak of COVID-19 pandemic, whose several lockdowns and the enormous pressure on hospitals (lack of beds, healthcare personnel and intensive care places) made the situation even more dramatic. In this context, sick children suffering from cancer and long-term illnesses have been the most dramatically affected: already challenged by the sufferings associated with the disease, the distance from their parents and friends, as well as the school interruptions, COVID-19 dramatically exposed them to a state of constant anxiety due to their state of immunodepression. In order to mitigate the psycho-emotional vulnerability and healthcare hardship of children affected by cancer, aggravated by the Beirut port blast (4.08.2020) which deeply impacted their psychophysical wellbeing (panic attacks/anxiety), Red Pencil, upon the request of the local organization MySchoolPulse, launched in November 2020 the Pilot Phase of the art therapy project in 4 main hospitals in Beirut (St. Georges Hospital, Geitaoui Hospital, Makassed Hospital and Hôtel Dieu de France Hospital). During the Pilot Phase, RPE: (i) organized an Online ToT (Training of Trainers) in Self-Care, Visual Journaling & Mental Health Awareness intended for 11 MySchoolPulse caregivers; (ii) organized several online art therapy sessions reaching 45 young patients affected by cancer, 13 parents and 28 siblings.

“Often, good things come out of adversity, and partnering with The Red Pencil is a perfect example of it. The stress from the situation in Lebanon, added to the Covid-related pandemic, and the Beirut port explosion would have been too much for anyone. Through our sessions, I discovered that self-care is essential and that feeling guilty is normal. I am trying to apply the idiom: “You cannot pour from an empty cup”. I am eternally grateful for the support and care I found within this amazing group of women”, Rana, MySchoolPulse Team

During Phase II (January-December 2022), 4 certified art-therapists operated inside 6 hospitals of Beirut and Byblos, equipped with a pediatric and an oncology department, and conducted 615 individual and group online art therapy sessions (for a total of 534h) which reached 57 young patients affected by cancer, as well as, through a systemic approach, 20 siblings, and 7 mothers. During the same period, 13 Online Refresher Sessions were organized reaching 9 MySchoolPulse caregivers.

The cross-evaluation, carried out at the end of Phase II to measure the impact of the program on the different beneficiaries, highlighted, on the one hand, the social and emotional benefits of art therapy for children affected by cancer, pointing out that art therapy sessions provided them a non-threatening and safe space where express emotions, feelings, and experience joy and a sense of accomplishment. On the other hand, underlined that the Refresher Sessions enabled

MySchoolPulse caregivers to strengthen their Life-Skills, improve their mental and physical wellbeing, and enhance synergies between the team members, the young patients, and their parents.

“My motivation for the educational work has risen, just as the complicity between myself and the kids. Relationships have evolved toward more trust. The Red Pencil programme helped to strengthen and enrich relations between MySchoolPulse and the kids and their families”, MySchoolPulse Team.

Phase I (Egypt)

Deeply impacted by the COVID-19 crisis that, de facto, has slowed down the implementation of new political measures and structural and macroeconomic reforms which, before the pandemic, initiated a process of economic stabilization, Egypt is facing by decades several challenges in terms of economic growth, civil rights, welfare, and medical care. With respect to the healthcare system, few facilities have the resources and funds to offer adequate care to children affected by cancer (according to the latest statistics, there are about 8'000 new cases of paediatric cancer every year), and especially to those children belonging to the lowest social classes, members of single-income and/or low-income families. In order to reach out and offer, free and indiscriminate medical care to all children affected by cancer, since 2019 The Alexandria Pediatric Oncology Hospital (APOC) - a local NGO recognized by the Ministry of Social Solidarity of the Egyptian government in 2012 (N.2934) - collaborates with The Borg Al Arab University Hospital (BAUH), an avant-garde Pediatric Oncology Center, under the supervision of the professors and members of the Faculty of Medicine of Alexandria University Hospitals. With a capacity of 80 patient beds, since 2018, the BAUH has received about 4'900 children with cancer from the Governorate of Alexandria, Al Behira, Kafr al-Sheikh, and the Matrouh provinces, offering them free of charge care during their hospitalization (from the oncological diagnosis, the surgical phase, the radiotherapeutic to chemotherapy phase). Within this framework, the introduction of art therapy, through the training of the medical and nursing staff, aimed to guarantee all children affected by cancer a holistic and integrated assistance, based on the medical care and the stimulation of the emotional intelligence through the artistic expression.

During the Pilot Phase (March-December 2022), 10 sessions of the Arts-Based Capacity Building and Training program have been organized to sensitize the medical and nursing staff to the practice of art therapy, as well as to train 18 caregivers (physicians and nurses) from The Borg Al Arab University Hospital to use art therapy as a tool for Self-Care and stress modulation in their everyday professional lives. In parallel, 6 follow-up training sessions have been organized to empower the 18 caregivers to use the art therapy practice with 32 of their young patients affected by cancer. The impact evaluation carried out, among the participants, at the end of the training disclosed the following results: (i) improvement of the empathic relationship with the young patients and their parents; (ii) stress reduction, improvement of self-esteem and expulsion/elimination of negative energies; (iii) development of Self-Care.

“I experienced positive changes after applying the tools and guidelines shared with us during art-therapy sessions. It made an impact on me”. “The sessions were very cool. They also helped release a lot of negative energy and pressure”. “It gave us hope and peace”, Borg Al Arab University Hospital caregivers.





THE PROGRAM IN FIGURES (2020-2022):

- 209 migrants, Asylum seekers and Ukrainian refugees participated to art therapy sessions;
- 89 young patients affected by cancer, 20 siblings, 7 mothers participated to art therapy sessions;
- 33 caregivers and 18 doctors and nurses have been trained on the art therapy practice;
- 831 art therapy sessions;
- 4 trainings and 6 follow-up sessions on the practice of art therapy;
- 1 exploratory study "Art Therapy Intervention addressing migratory grief and resilience for teenage asylum seekers in the context of COVID sanitary crisis";
- 3 C.A.R have been involved in the implementation of the Art Therapy Program;
- 7 Hospitals have been involved in the implementation of the Art Therapy Program.

OBJECTIVES ACHIEVED THROUGHOUT THE PROGRAM IMPLEMENTATION:

Successfully implemented since 2020, the Art Therapy Program in migration contexts in Málaga (Spain) and health distress in Lebanon and Egypt has contributed to:

- **promote the professionalization of the practice of art therapy as a complementary practice to the psychosocial, medical, and therapeutic care;**
- **systemise clinical-therapeutic models to be spread and replicated in other contexts of migration emergencies and health distress;**
- **give people on the move the opportunity to bring out the traumas suffered and their feelings in a positive way, allowing them to start a post-traumatic resilience process;**
- **improve the emotional wellbeing of young children affected by cancer, reduce their anxiety, and strengthen their coping mechanisms;**
- **offer caregivers a new and innovative tool to modulate/reduce stress and strengthen Self-Care;**
- **transfer the skills of art therapy practice to local caregivers, doctors, and nurses, thus ensuring the self-sustainability and replicability of the program in the medium-long term;**
- **disseminate and replicate the Best Practices of art therapy through the elaboration of Case Studies and Clinical Reports.**





Donations Sheets

ART and SOCIAL

El Sistema Greece

Social Inclusion for Refugees and Young People Through Music

Objectives

To create occasions of integration and inclusion through the practice of collective ensemble music. More specifically, this project aimed to:

- heal the sufferings of the children who have been forced to flee from their homes and their countries giving them access to art and beauty;
- help migrant and refugee children to become valuable resources for their host communities and make them act as positive members of an open, multicultural, and welcoming society;
- empower and give them the chance to acquire new artistic and educational tools and Life Skills, develop their talents and strive for a better future.

Beneficiaries

- 89 students (5-26 ages), have benefited from music lessons in the Kipseli núcleo;
- 91 students (7-20 ages), have benefited from music lessons in the Korinthos Conservatory;
- 14 students (13-18 ages) have participated to the Young Leaders Programme;
- 383 students (9-28 ages) performed 15 live concerts;
- 3'370 people attended the live concerts

Activities

In 2022, El Sistema Greece (ESG), with Alta Mane support, continued to develop various educational and musical activities focusing its intervention, in priority, in the Kipseli núcleo and in the Korinthos Conservatory offering a total of 321 hours of music lessons (string and wind instruments, music theory), reaching 180 students (5-26 ages), of which 71 on the move and 46 UASC. In parallel, has consolidated the activities of the ESGYO, the ESGYC and the Young Leaders Programme, reaching a total of 74 students and musicians (10-29 ages).

During the same period, 383 students and musicians (9-28 ages) performed live in 15 events organized nationally and internationally (significant their participation to the project Orchestre Demos Europe), testifying how ESG has become, over the years, a point of reference in the field of music education and social inclusion.

Partner

Working in the field since November 2016, ESG is a community music project that provides free music education to children and young people in Greece. Inspired by the philosophy and innovative methodology of El Sistema Venezuela, El Sistema Greece offers free choir and ensemble instrument classes to children and youth from different background living in conditions of extreme vulnerability and social disadvantage. Alta Mane supports ESG since 2020.



Greek Council for Refugees

Thesaurus

Objectives

The “Thesaurus” project, which is part of a non-formal educational program developed since 1996 by the Greek Council for Refugees (GCR), aims to:

- allow minors in migratory situations to express their emotions and their experiences in a creative way, within a safe, protected and child-friendly environment;
- improve their self-esteem and increase confidence in themselves and in others;
- strengthen their artistic-creative skills, their relational and socio-communicative skills, thus starting a post-traumatic resilience process.

Beneficiaries

- 450 children, of which 410 minors who have lived refugee experiences and 40 Greek peers, aged 6-18, with different linguistic and cultural backgrounds, have participated to the various creative-artistic and educational activities organized at the Intercultural Center “PYXIDA”;
- 27 adults (of which 14 parents) who have lived refugee experiences participated to several cultural visits of the most important museums of Athens and the Region of Attica.

Activities

In 2021-2022, Greek Council for Refugees (GCR) with the support of Alta Mane, has carried out the following activities:

- developed the digital educative platform “Thesaurus Library” where, subsequently, a total of 2’477 books for children and adolescents, which are part of the “PYXIDA” Center’s book collection, have been catalogued;
- organized 35 digital art-education workshops (4 at distance and 31 in presence for a total of 68½ effective hours) during which 204 children who have lived refugee experiences (aged 6-17), starting from the reading of different books and through different expressive-artistic modes, had the opportunity to reflect on various themes such as, inter alia, identity, journey, talent, ocean pollution, friendship, knowledge and co-existence with the other, and produced various drawings, paintings and padlets, successively featured and shared on the “Thesaurus” platform;
- organized 9 participatory reading workshops reaching 112 children (aged 7-17), including 40 Greek pupils, and 4 Street/Visual Art workshops reaching 12 minors who have lived refugee experiences (aged 6-15);
- organized 22 cultural visits, coupled with several art education workshops, of the most important museums of Athens and the Region of Attica reaching 122 minors (aged 6-18), 14 parents and 13 adults who have lived refugee experiences.

Partner

Established as an NGO in 1989, Greek Council for Refugees welcomes and offers, daily, free legal advice and psychosocial support to refugees and asylum-seekers in Greece, to enhance their social integration in the country, with a special emphasis on vulnerable cases, such as unaccompanied minors and victims of trafficking. Recognized as “Special Charity”, GCR has a Consultative Status in the ECOSOC of the UN since 2001 and is an operative partner of the UNHCR. Alta Mane supports GCR since 2021.



ART and SOCIAL

RED NOSES Clowndoctors International

Emergency Smile Missions 2022

Objectives

In 2022, RED NOSES Clowndoctors International (RNI) has strengthened its presence in the migration contexts in Greece (Island of Lesbos), where it has been successfully operating for several years, and at the same time has expanded and spread its Healthcare Clowning activities to Serbia and Kosovo, by conducting 2 Emergency Smile Missions in collaboration with major international humanitarian organizations and local NGOs operating inside the different reception centers. The project aimed to:

- give children the possibility to bring out their traumas and express their feelings in a playful manner, to help them reconnect to positive feelings and regain reliance and hope;
- transfer the Skills of Healthcare Clowning to the local Staff members and volunteers of humanitarian organizations operating on the field to increase their psychosocial wellbeing and help them reduce the stress they experience in their everyday professional lives;
- identify, disseminate, and replicate the Best Practices of Healthcare Clowning in other emergency contexts and transfer them to other stakeholders who intervene on the ground.

Beneficiaries

GREECE

- 422 minors on the move and UASCs (13-18 ages);
- 174 adults with a migratory background;
- 179 humanitarian aid-workers, volunteers and medical staff from various humanitarian organizations and local NGOs operating on the field.

SERBIA

- 100 minors on the move (3-18 ages);
- 140 girls on the move (13-18 ages);
- 13 Ukrainian refugee children (2-13 ages) and 15 adults;
- 20 adults with a migratory background;
- 10 humanitarian aid-workers and volunteers from various humanitarian organizations and local NGOs operating on the field.

KOSOVO

- 48 Street Children and minors on the move (3-18 ages);
- 28 humanitarian aid-workers/volunteers from various humanitarian organizations and Shelter Staff operating on the field.

Activities

The two missions in Greece and in the Balkans, also with Alta Mane support, have foreseen the following activities:

- One-week Pre-mission Training (per mission) during which 7 clown-doctors and 2 RNI Head of Mission have been trained for the mission;
- Mission on the field (3 weeks each) during which several artistic and Healthcare clowning activities have been organized such as clown-shows, musical parades and Circus Smile Workshops, intended to minors on the move, UASCs and Street Children, and 8 Humor Relief Workshops intended to the humanitarian aid-workers and volunteers of the organizations operating inside the different reception centers;
- One-day Debriefing (per mission) during which the clown-doctors have had the opportunity to process and reflect on lived experiences, discuss critical issues encountered during the mission, evaluate the interventions, and share the Lessons Learnt with the Emergency Smile Project Leader;
- Monitoring & Evaluation Process to assess the impact, effectiveness, sustainability and replicability of the Program.

Partner

Is a Non-Profit Charity Organization, functioning as the umbrella organization for one of the largest clown doctor groups in the world. With over 20 years of experience, RNI brings together artistic and scientific expertise in the interface between the performing arts, healthcare, and development. RNI is active in 790 medical and social facilities in 10 countries. Alta Mane supports RNI since 2018.



SERBIA - ©RNI



LESBOS - ©RNI-Craig Russell

ART and HEALTH

Fondation Privée des Hôpitaux Universitaires de Genève (HUG)

Musicothérapie à l'Hôpital des Enfants des HUG – Pilot Phase 2019-2022

Objectives

The project aimed at introducing music-therapy, as a complementary practice to the traditional, interdisciplinary therapeutic treatments, in the pediatric intensive care unit of l'Hôpital des Enfants à Genève des HUG so as to reduce, through the creative and non-verbal mediation of music, the pains and fears of the young patients who, since their hospitalization, are plunged into a reality where the mechanical dynamics of reanimation, respiratory assistance and constant medical care treatments replace the emotions, the feelings and life itself. Specifically, the project aimed to:

- humanize the hospital experience and allow young patients to build a space of autonomy and freedom, from where recover their identity;
- reactivate their creative skills and allow them to start a Post-Traumatic Resilience Process;
- improve the medical work environment, and reduce the stress of doctors, paramedics and nurses;
- transform music-therapy into a complementary therapy to the traditional interdisciplinary medical treatments and make it sustainable inside the Unité des soins intensifs pédiatriques des HUG.

Beneficiaries

- 320 children (aged 2 weeks-19 years) in long-term care at HUG, and suffering from serious and degenerative pathologies;
- 202 children with congenital heart diseases or suffering from cardiovascular diseases, aged 19 days-22 years, primarily coming from Africa and participating to the program "Voyage vers la vie", led by Fondation Terre des hommes;
- 7 premature babies (26 weeks), in the neonatal ward at HUG;
- 1 young inpatient for social reasons;
- 41 adults (39 parents, 2 grandfathers).

Activities

In 2019-2022, the support from Alta Mane allowed the launch of the music therapy project pilot phase in the paediatric intensive care and the general paediatric (B1 and B2) wards, and subsequently the extension of the music therapy interventions to the paediatric surgery, neonatal, oncology and orthopaedic wards of the HUG in Geneva.

During the period April 2019-August 2022, 1'523 effective music-therapy sessions (for a total of 1'040,15 hours) tailored to the needs, abilities and socio-cultural specificity of the young patients, have taken place and reached 320 children in long-term care at HUG and suffering from degenerative pathologies, 202 children with congenital heart diseases or suffering from cardiovascular illnesses participating to the program "Voyage vers la vie" led by Fondation Terre des hommes, 7 premature babies in the neonatal ward, and 1 young inpatient for social reasons. In parallel, several interdisciplinary meetings took place intended to the medical and nursing staff. These meetings allowed the music-therapist to adapt his sound sessions to the evolution of the clinical picture of the young patients as well as permitted the medical and nursing staff to adjust the medical care to the variations of stress and anxiety levels of the patients themselves.

Partner

Established in 2007, the Foundation supports the HUG and the Faculté de Médecine of the University of Geneva by financing the development of innovative and ambitious projects: i. in favor of patients (improvement of the quality of health care and assistance); ii. in the field of medical research (translational and fundamental research); iii. humanitarian projects. Alta Mane supports the Fondation Privée des HUG since 2019.



ART and HEALTH

The Red Pencil (Europe)

Arts Therapy Intervention in Lebanon and Egypt

Objectives

The main objective of the “Art Therapy” project has been to improve the mental health and emotional wellbeing, and foster resilience of children affected by cancer and of caregivers. Specifically, the project aimed to:

- allow children affected by cancer to express, through arts, the unspeakable, to (re)live and experience relief, thus reducing the negative and destructive impact of the disease;
- ensure all children affected by cancer are taken care of by a holistic and integrated approach combining the medical-hospital care with the stimulation of the emotional intelligence through the artistic expression;
- transfer the Skills of art therapy practice to caregivers, doctors and local nurses, thus ensuring the self-sustainability and replicability of the program in the medium-long term;
- disseminate and replicate the Best Practices of art therapy in other therapeutic and severe healthcare contexts through the elaboration of Case Studies and Clinical Reports.

Beneficiaries

LEBANON

- 57 children affected by cancer (5-12 ages) hospitalized in 5 hospitals in Beirut (St. Georges Hospital, Geitaoui Hospital, Makassed Hospital, Hôtel Dieu de France Hospital, and LAU Medical Center-Rizk Hospital) and 1 hospital in Byblos (Notre Dame des Secours Hospital);
- 20 siblings (5-12 ages) participated to group art therapy sessions;
- 7 mothers participated to group art therapy sessions;
- 9 caregivers from MySchoolPulse previously trained, during Phase I in 2020, in applying art therapy to take care of children affected by cancer.

EGYPT

- 18 caregivers (doctors and nurses) from The Borg El Arab University Hospital (Pediatric Oncology Center);
- 32 children affected by cancer (4-20 ages).

Activities

LEBANON: the project, which has been implemented between January and December 2022, foresaw, also with the support of Alta Mane, the following activities:

- 615 individual and group online art-therapy sessions (534h in total) reaching 57 children affected by cancer hospitalized in 5 hospitals in Beirut and 1 hospital in Byblos, 20 siblings, and 7 mothers;
- 13 Online Refresher Sessions on art therapy practice reaching 9 MySchoolPulse caregivers;
- M&E Process intended to measure the impact on young beneficiaries and local caregivers, as well as to develop and disseminate the Best Practices in other therapeutic contexts.

EGYPT: the project, which has been implemented between March and December 2022, foresaw, also with the support of Alta Mane, the following activities:

- 1 informative workshop on art therapy practice reaching 26 caregivers (doctors and nurses);
- 10 sessions (2h, 1/week) of the Arts-Based Capacity Building and Training Program and 6 coaching sessions on art therapy practice (2h, 1/week) reaching 18 doctors and nurses from The Borg El Arab University Hospital (Pediatric Oncology Center) to empower them in the use of art therapy;
- 32 children affected by cancer benefited from 6 art therapy sessions (2h, 1/week);
- M&E Process intended to measure the impact on young beneficiaries and local doctors/nurses and to integrate art therapy practice in the care of children affected by cancer.

Partner

Officially established as a foundation of public utility under the Belgian law in 2019, The Red Pencil Europe (RPE) is part of the international organization The Red Pencil Humanitarian Mission. Based on its expertise in art therapy, the mission of RPE is to provide psychological support through arts therapy to children, adolescents and adults who face in Europe difficult or overwhelming life circumstances, to improve their well-being and their mental and emotional health. Alta Mane supports RPE since 2020.



ART and DEVELOPMENT

Musicians Without Borders

art27 - Arts for Social Inclusion

Objectives

To promote and advocate the role of arts for the social inclusion of people on the move, internationally and globally. Specifically, the project aims to:

- reinforce the Social Advocacy & Awareness Raising activities of the art27 Network, improving the quality, impact, knowledge and resources, and broaden their reach, inside and outside the Network;
- create spaces for dialogue and action, and to share creative expressions between artists with and without lived experiences of forced migration, to raise the voices of those excluded from the one-dimensional and mainstream narrative on migration;
- create new connections between arts organizations, educators, musicians and artists (with or without a migratory background) with synergic and complementary expertise.

Beneficiaries

DIRECT BENEFICIARIES:

- 16 arts organizations and 5 members of the art27 Network have been engaged in the creation and implementation of different outreach activities, and diverse musical and cultural events;
- 9 artists, including 6 with lived refugee experiences (Refugee Artists).

INDIRECT BENEFICIARIES:

- 534 individuals, including 64 members from art27 Network, participated in the several Advocacy activities and events organized by art27 members;
- 806 people participated to 13 ReSounding Podcasts.

Activities

In 2022, also with the support of Alta Mane, the following activities have been implemented:

1. Connect & Network:

- organization of 5 online events focused on the intersectional causes, challenges and potentials of migration which have reached 534 individuals, including 64 members of the art27 Network;
- creation and distribution of 15 Newsletters which have reached 395 individuals of the art27 Network.

2. Share & Promote

- process and feed the interactive contents of the art27 platform and promote the artistic works of partners in the network through the main social media which have reached 63'000 individuals;
- identification and affiliation of 28 new arts organizations and 95 new individual members.

3. Advocate & Influence

- selection, identification, and presentation of 4 artistic proposals, from 9 artists, including 6 with a migratory background which have reached 36 individuals;
- production of 13 ReSounding Podcasts episodes gathering artists, activists and changemakers, from different countries around the world, on the power of arts in migration contexts as a tool for social change and social justice which have reached 806 individuals.



Welcome Notes BiH 2022

Objectives

Introduce and use the power of music in refugee camps and asylum centers to allow minors, accompanied and unaccompanied, to start a post-traumatic resilience process, transcend cultural and language barriers and facilitate their integration among the local communities in which they are now located.

Beneficiaries

- 1'431 children (4-21+), out of which 40 with a migration background, participated to 126 artistic and music workshops organized inside the Usivak (Sarajevo) and Borici (Una-Sana Canton) TRCs, the Daily Center Puz (Tuzla Canton) and the Children's Center Grbavica (Sarajevo);
- 6 Bosnian musicians, teachers, educators, and social workers have been trained to join the music workshops developed by the mobile music unit "Music Bus 2".

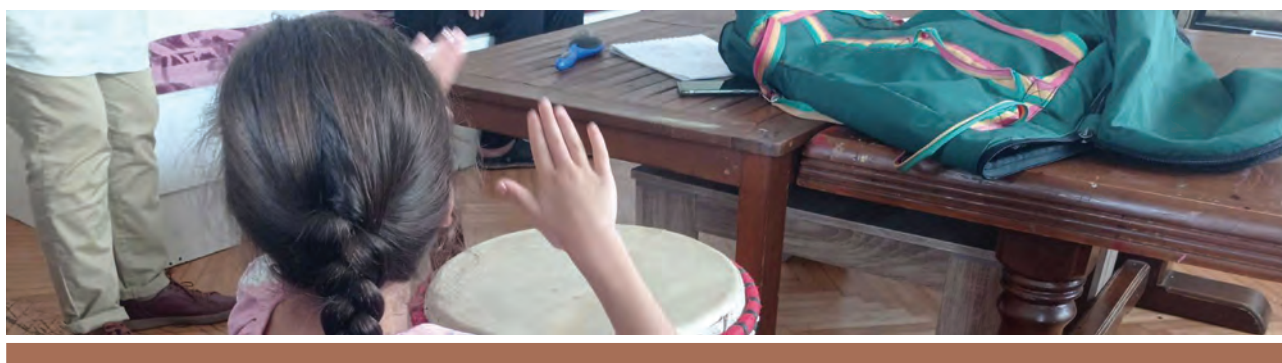
Activities

In 2018-2019, Musicians Without Borders (MWB), also with Alta Mane support, designed and implemented the new curriculum Welcome Notes Europe, starting to transfer it to young musicians and local teachers (Bosnia and Herzegovina, Germany, Greece, and Italy), and consolidated important partnerships with organizations operating on the ground, with the aim of integrating the Curriculum into their various migration emergency programs. In 2022, MWB focused its intervention primarily in Bosnia-Herzegovina by collaborating with two Bosnian arts organizations - War Childhood Museum Sarajevo and Superar BiH - and, to this end, between February-December 2022, has developed the following activities:

- activated the mobile music unit "Music Bus 2" (composed of 2 Workshop Music Leaders, 2 Workshop Assistants and 2 Facilitators) which organized 108 music workshops, inside the Usivak Refugee Site (Sarajevo Region), the Daily Center Puz (Tuzla Canton), and the Borici Refugee Site (Una-Sana Canton), reaching 1'215 minors and youth on the move (4-21+ years);
- organized 8 music and artistic participatory workshops, run by Superar BiH inside the Usivak Refugee Site, and the Children's Center Grbavica (Sarajevo), reaching 123 minors and youth, out of which 83 on the move (4-21+ years);
- organized 10 visual arts workshops, run by War Childhood Museum Sarajevo inside the Usivak Refugee Site, reaching 93 minors and youth on the move and UASC (6-20 years);
- coordinated five online meetings between 5 trainers and the curriculum developers to modelize a common methodological arts-based approach to consolidate the current curriculum of the three organizations and guarantee the self-sustainability and replicability of the program in other migration and emergency contexts in Bosnia-Herzegovina.

Partner

Founded in 1999, MWB works worldwide using music as a tool to improve living conditions and reconcile populations torn apart by war. MWB collaborates with musicians belonging to civil society organizations to respond to local needs. Successful cases are used to standardize and promote models, methodologies and training courses adapted to the needs of other regions. Alta Mane supports Musicians Without Borders since 2013.



ART and DEVELOPMENT

Save the Children Italia Onlus and Save the Children Schweiz

Education in Emergency for Children on the Move in BiH 2021-2022

Objectives

The project “Education in Emergency for Children on the Move”, developed in Una-Sana Canton, aimed to ensure immediate access to high quality formal and informal education activities to refugee and migrant children, in a child-oriented, safe and secure environment. Specifically, this project intended to:

- offer psychosocial support through arts for accompanied and unaccompanied minors to help them start a post-traumatic resilience process, strengthen their coping mechanisms, and promote their social, emotional, cognitive and motor development;
- ensure all refugee and migrant children, including unaccompanied and separated children, have access to quality formal education, including enrolment in regular classes in public primary schools of Una-Sana Canton, together with their peers from the local community;
- ensure that girls on the move can exercise their right to education and have an equal access to quality and inclusive education.

Beneficiaries

- 729 refugee and migrant children (aged 6-15), including 23 UASC, joined the Preparatory HEART Program, and 301 enrolled in regular classes together with their Bosnian peers;
- 942 refugee and migrant children (aged 6-15), participated to several formal education activities, based on the HEART methodology, in 5 Model Schools of Una-Sana Canton;
- 1'192 refugee and migrant children (aged 6-15) and 51 Bosnian peers participated to 1'020 artistic and educational workshops inside the Sedra, Borici and Miral TRCs and in some indoor and outdoor spaces of the local communities;
- 102 Bosnian children with learning difficulties and 120 minors on the move benefited from several support in learning activities;
- 811 refugee and migrant girls, including 6 UASC, and 90 Bosnian peers (aged 12-18), participated to several formal and informal education activities.

Activities

Between April 1st, 2021 - December 31st, 2022, also with Alta Mane support, Save the Children has organized the following activities:

- implemented the Preparatory HEART Program - an educational assessment program, based on the HEART methodology and intended to the educational integration of minors on the move with their Bosnian peers - in 5 Model Schools of Una-Sana Canton, reaching 23 UASC (aged 10-15) located inside the Sedra and Borici TRCs, and 706 minors (aged 6-15) located inside the Borici TRC;
- implemented several formal education activities, based on the HEART methodology, in 5 Model Schools of Una-Sana Canton, reaching 942 minors on the move (aged 6-15) located inside the Borici and Sedra TRCs, out of which 301 enrolled in regular classes with their Bosnian peers;
- organized, in collaboration with the Ministry of Education of Una-Sana Canton, several support in learning activities (mathematics, Bosnian, public speech) in 3 Model-Schools of Una-Sana Canton, reaching 102 Bosnian children with learning difficulties and 120 minors on the move (aged 10-11);
- organized 1'020 artistic and educational workshops, based on the HEART methodology, inside the Sedra, Borici and Miral TRCs as well as in some indoor and outdoor spaces of the local communities, reaching 1'192 minors on the move (aged 6-18) and 51 Bosnian peers;
- developed several formal and informal “gender-oriented” education activities (96 workshops), reaching 811 girls on the move (aged 6-18) and 90 Bosnian peers;
- 244 children (aged 5-17), out of which 143 with a migration background, participated to the HEART Summer Camp in June-August 2021-2022, and 61 minors on the move (aged 5-16) located inside the Borici TRC participated to the HEART Winter School (January 2022), which ended up with an exhibition at the Bihać Cultural Center, gathering 16 people (principals, teachers, politicians and media) from the local community, during which 50 arts-works produced by the young beneficiaries have been exhibited.

Partners

Save the Children Italia Onlus: recognized by the Italian Ministry of Foreign Affairs, Save the Children Italia Onlus runs health, emergency response, education, and child protection programs for children in 122 countries, both in Italy and in developing countries. Alta Mane supports Save the Children Italia Onlus since 2017.

Save the Children Schweiz: has the ambition to assure that every child – especially the most deprived – is protected, provided with a good quality basic education, and receives health services so that they can optimally unfold their potential. Alta Mane supports Save the Children Schweiz since 2016.



ART and DEVELOPMENT

Save the Children Schweiz

Supporting Refugee Children in Switzerland 2020-2022 **Phase I**

Objectives

Strengthening the resilience and coping mechanism of refugee and migrant minors, and promoting their emotional, cognitive, motor development and their social inclusion.

Beneficiaries

- 101 Staff Members from 15 Asylum Shelters received in-depth technical support in setting up child-friendly spaces and activities;
- 57 Staff Members from 17 Asylum Shelters received creative activity support trainings;
- Approximately 4'000 minors on the move have been reached by child-friendly activities.

Activities

In 2020-2022, Save the Children Schweiz, with Alta Mane support amongst others, developed the following main activities:

- to coach asylum shelter staff to autonomously run CFS, to develop and implement arts-based pedagogical activities that are tailored to the needs of the minors in asylum shelters by means of the Creative Tool Kit and Activity Box;
- to replicate and scale the Creative Tool Kit and Activity Box and make it available to 15 Federal and Cantonal asylum shelters;
- to strengthen the advocacy, enhance networking and share best practices in the field of child protection and child rights in the asylum and migration sector.

In 2020-2022, a total of 15 Asylum Shelters (7 Federal/8 Cantonal) received in-depth technical support in setting up child-friendly spaces and activities and 101 Staff Members (79 Staff, 22 Shelter Directors) were trained in over 90 coaching sessions. During the same period, a total of 17 Asylum Shelters (5 Federal/12 Cantonal) received low-threshold counselling on the implementation of child-friendly activities and 57 Staff Members (12 Shelter Directors, 45 Staff) as well as 3 volunteers benefited from creative activity support trainings, including child development and protection, pedagogical principles, and the use of the Creative Toolkit and Activity Box.

Since 2020, Save the Children Schweiz played a key role as expert organization in the reporting process of the civil society to the UN Committee on the Rights of the Child on the promotion and protection of right issues concerning refugee children in Switzerland. In May 2021, the NGO Report and the Child and Youth Participatory Report were successfully submitted to the UN Committee, both elaborated in collaboration with the Swiss Child Rights Network. The official recommendations of the UN Committee on the Rights of the Child to Switzerland, published in September 2021, contain many calls for action, especially regarding refugee children. Action requests concerning these children are as well based on the information provided by Save the Children Schweiz.

Partner

See project sheet at pag. 33



TEGV

*Art Education Expansion Project 2019-2022***Objectives**

The “Art Education Expansion Project” is part of a new strategic, methodological, and educational plan designed by TEGV to ensure sustainability to both educational programs (The Dreams Wanderer and The Dreams Workshop) and to replicate them nationwide to make art education a key component of the Turkish School System and to develop innovative and interdisciplinary educational models.

Beneficiaries

- 3'046 children (6-14 ages) participated to two art-education workshops delivered by the Firefly Mobile Unit in Van, Bayburt, Samsun, Elazig and Izmir;
- 7'034 children (6-14 ages) participated to the art workshops, part of The Dreams Workshop Program;
- 66 children (6-14 ages) participated to 10 sessions of The Digital Dreams Workshop Program;
- 2'195 children (6-14 ages) received the Art-Kits;
- 28 teachers and 906 volunteers trained to implement The Dreams Workshop Program;
- 81 volunteers trained to teach The Dreams Wanderer Program.

Activities

In 2019-2022 TEGV, with Alta Mane support, organized 2 art-education workshops (The Dreams Wanderer) delivered by the Firefly Mobile Unit in different public, primary and secondary schools in Van, Bayburt, Samsun, Elazig (Eastern Anatolian Region, severely struck by an earthquake on January 24, 2020), and Izmir, reaching a total of 3'046 children (6-14 ages), and trained 81 volunteers. In parallel, it developed a new art-education module of The Dreams Workshop program, consequently implemented in presence in 32 Education Fixed Units, reaching a total of 7'034 children (6-14 ages), as well as online in 3 Education Fixed Units, reaching a total of 66 children (6-14 ages). At the same time, it trained 906 volunteers and 28 teachers to teach and replicate the module.

Between May-August 2021, not to interrupt the artistic-pedagogical support during the summer, TEGV produced and distributed several Art-Kits reaching 2'195 children (6-14 ages), in situation of socio-economic vulnerability, and organized, on the virtual platform The Dreams Wanderer, the virtual exhibition “ART AT HOME WITH TEGV” where children have restituted 446 arts-works created at distance.

Partner

Was established in 1995, in Turkey, to help compensate for the shortcomings of the Turkish school system in the belief that the country's problems could only be solved by tackling education first. TEGV is recognized at all levels of the Turkish society for its neutrality and commitment to education, even during emergencies. Alta Mane supports TEGV since 2015.



ART and DEVELOPMENT

The Red Pencil (Europe)

Arts Therapy Intervention for Asylum Seekers in Málaga – Phase I-II

Objectives

The overall goal of the “Art Therapy” project is to increase the resilience of the asylum seekers. More specifically, the art therapy interventions aim to:

- help asylum seekers to recover from their traumatic experiences, build resilience, regain self-esteem and integrate into the community;
- leave lasting impact by training local care providers, who are exposed to fatigue and secondary trauma through their work and enable them to implement basic arts therapy techniques in their own practice;
- offer caregivers a new and innovative tool to modulate/reduce stress and increase their Self-Care.

Beneficiaries

The project reached 209 migrants and refugees (including 65 Ukrainian refugee minors and adults), of which:

- 75 children and adolescents (5-16 ages);
- 77 young adults (18-24 ages);
- 57 adults (+25);
- 24 caregivers of The Spanish Red Cross.

Activities

Between February 2020 and July 2022, The Red Pencil (Europe) in collaboration with The Spanish Red Cross, with Alta Mane support, developed the following activities:

- organized and ran 210 group art-therapy sessions for 49 refugee and migrant children (5-14 ages), 26 adolescents (11-16 ages), 77 young adults (18-24 ages), and 57 adults (25+), located inside the Reception Centers and Independent Living Houses managed by The Spanish Red Cross in Málaga (Spain);
- activated the Train-The-Trainer (TTT) program focused primarily in using Art Therapy as a tool for Staff’s self-care and modulation of stress at work and intended to provide partner staff with new tools using Arts Therapy for enriching their interventions with asylum seekers and refugees, and organized 12 training sessions for 24 caregivers of The Spanish Red Cross;
- in collaboration with The Spanish Red Cross, has conducted a pre-post evaluation process (M&E Process), to check on progress on the young beneficiaries and make appropriate recommendations for future program planning, as well as the exploratory study “Art Therapy Intervention addressing migratory grief and resilience for teenagers asylum seekers in the context of COVID sanitary crisis”.

Partner

See project sheet at pag. 29







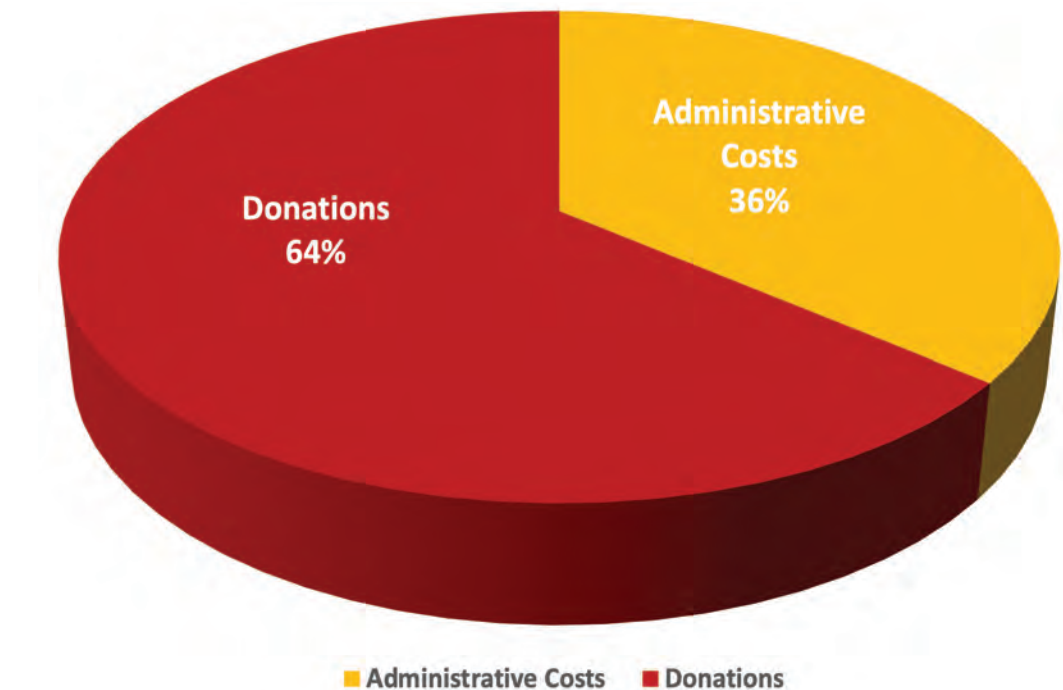
Financial statements as of December 31, 2022



Breakdown by sector of intervention

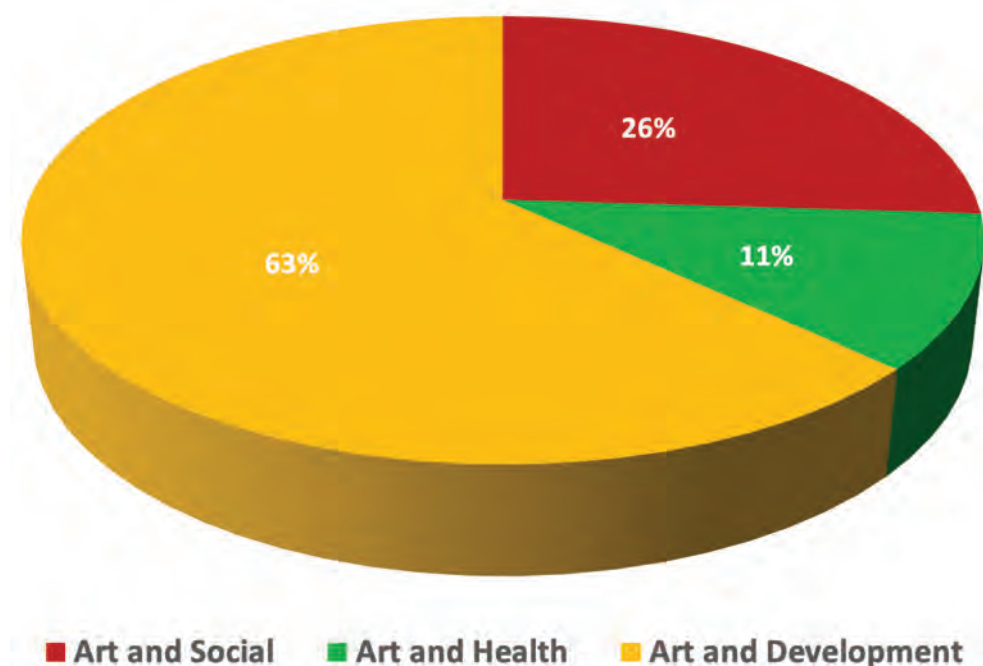
The data used in the following graphs was extracted from the Foundation's Financial Statements, closed on December 31st, 2022, audited by Gestoval Fiduciaire SA, and approved by the Foundation Board on June 1st, 2023.

In 2022, the administrative costs (Frais de Structure) of the Foundation amounted to 36 % of the total costs, while 64 % of the Foundation's resources were allocated to Donations.



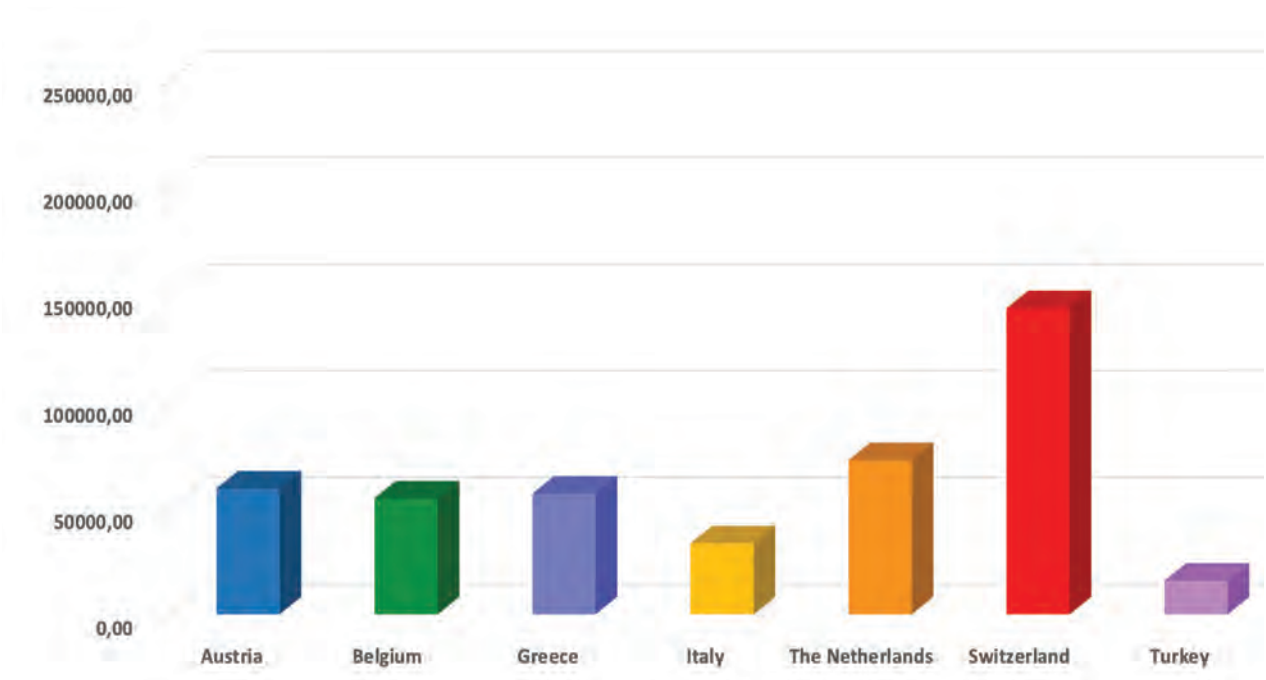
Support by Sector of Intervention

The chart below shows the allocation of the Foundation's resources by sector of intervention: 63% of its resources were allocated to Art and Development, 26% to Art and Social, and 11% to Art and Health.



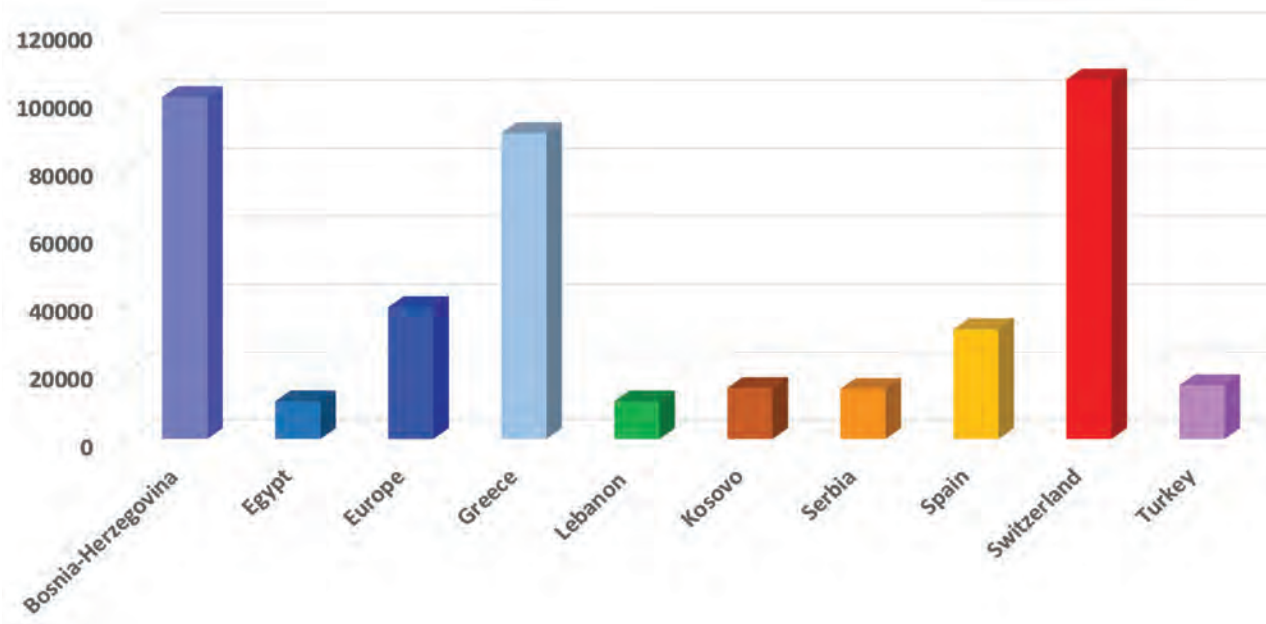
Support by the Country of the Partners

This chart draws the attention to the country of the organisations directly supported by the Foundation in 2022.

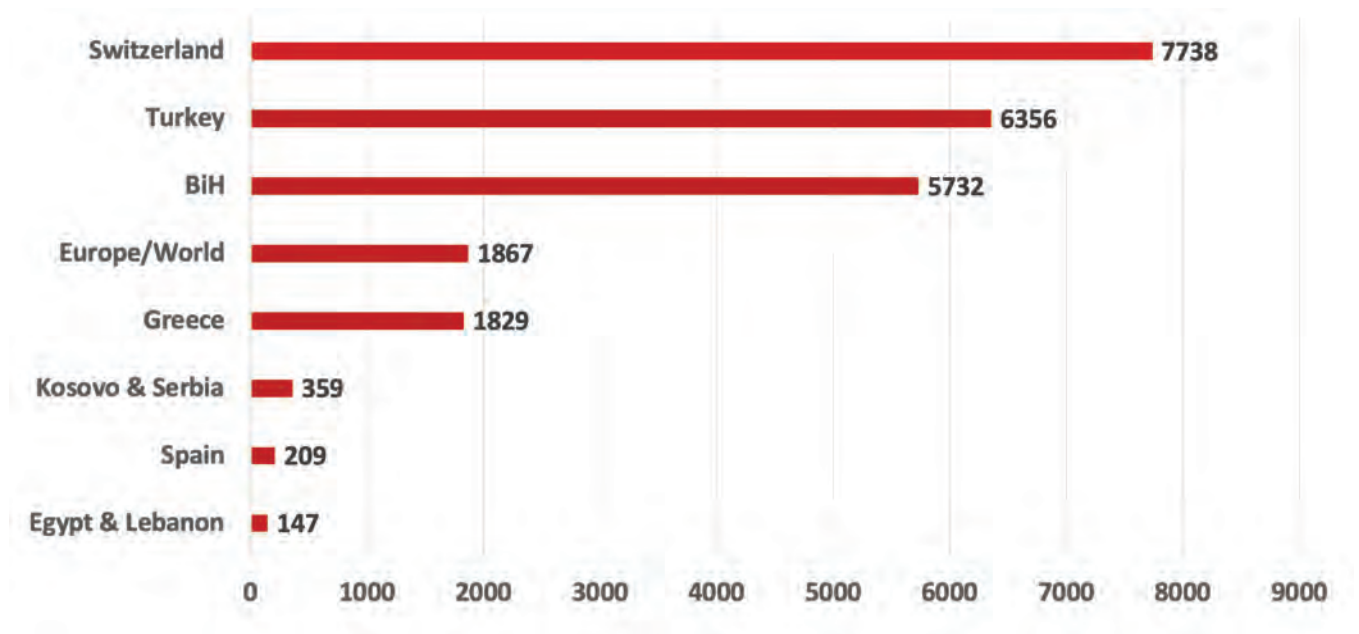


Support by the Country of the Projects

This chart draws the attention to the country where the projects, supported by the Foundation in 2022, have been developed.



Direct Beneficiaries per Project Country, Donations 2022



The Direct Beneficiaries include the final beneficiaries of the project "Supporting Refugee Children in Switzerland" led by Save the Children Schweiz during 2020-2022, equal to 7'167; the final beneficiaries of the project "Education in Emergency for Children on the Move in Una-Sana Canton", led by Save the Children Italia Onlus and Save the Children Schweiz during 2021-2022 equal to 4'283; as well as the final beneficiaries of the "Art Education Expansion Project" led by TEGV during 2019-2022, equal to 6'356.

Map of Alta Mane's Projects in 2022

The highlighted points in the map show the countries where the projects took place:



11 PROJECTS SUPPORTED BY AMG



Overview of Donations in 2022

24.237 Direct Beneficiaries*

Geographical Distribution

- 7 Countries of the Partners
- 10 Project Countries

Partnership

- 9 Partners
- 2 in Switzerland
- 1 in Italy
- 6 Abroad

Art and Social

- 7 Music Theory and Practice Workshops (Greece)
- 1 Young Leaders Programme (Greece)
- 35 Digital art-education workshops (Greece)
- 13 Art-Education Workshops (Greece)
- 22 Cultural Visits to museums (Greece)
- 2 Healthcare Clowning Missions (Greece, Kosovo and Serbia)

Art and Health

1.523 Effective Music Therapy Sessions**

* The Direct Beneficiaries include the final beneficiaries of the project "Supporting Refugee Children in Switzerland" led by Save the Children Schweiz during 2020-2022, equal to 7'167; the final beneficiaries of the project "Education in Emergency for Children on the Move in Una-Sana Canton", led by Save the Children Italia Onlus and Save the Children Schweiz during 2021-2022 equal to 4'283; as well as the final beneficiaries of the "Art Education Expansion Project" led by TEGV during 2019-2022, equal to 6'356.

** The effective music-therapy sessions refer to the first three years of the pilot-phase of the project "Musicothérapie en soins intensifs pédiatriques aux HUG (2019-2022)".



Art and Development

- 3** Art-education workshops (Turkey)
- 1** digital art-education workshop (Turkey)
- 2** virtual exhibitions on the digital platform The Dreams Wanderer (Turkey)
- 90** art therapy sessions (Spain)
- 615** online art therapy sessions (Lebanon)
- 6** art therapy sessions (Egypt)
- 8** Training Courses
- 5** online events focused on the intersectional causes, challenges and potentials of migration
- 4** artworks from 9 artists, including 6 with a migratory background
- 13** ReSounding Podcast episodes on the power of arts in migration contexts
- 1.154** artistic-pedagogic workshops (Una-Sana Canton, BiH)
- 1** Art Practitioners Training Curriculum (Una-Sana Canton, BiH)
- 1** Preparatory HEART Program in 5 Model Schools (Una-Sana Canton, BiH)
- 1** HEART Summer Camp (Una-Sana Canton, BiH)
- 1** HEART Winter School (Una-Sana Canton, BiH)
- 8** Child-Friendly Spaces set up in Bosnia-Herzegovina and Switzerland
- 15** Creative Tool Kit and Activity Box delivered in 15 Asylum Shelters in Switzerland

Legal Information

Members of the Foundation Board:

Cataldo D'Andria – President
Stefano Mazzi – Board Member
Francine Wilson-Buemi –Secretary/Board Member
Alexandra Gelpke – Board Member
Dante Razzano – Board Member

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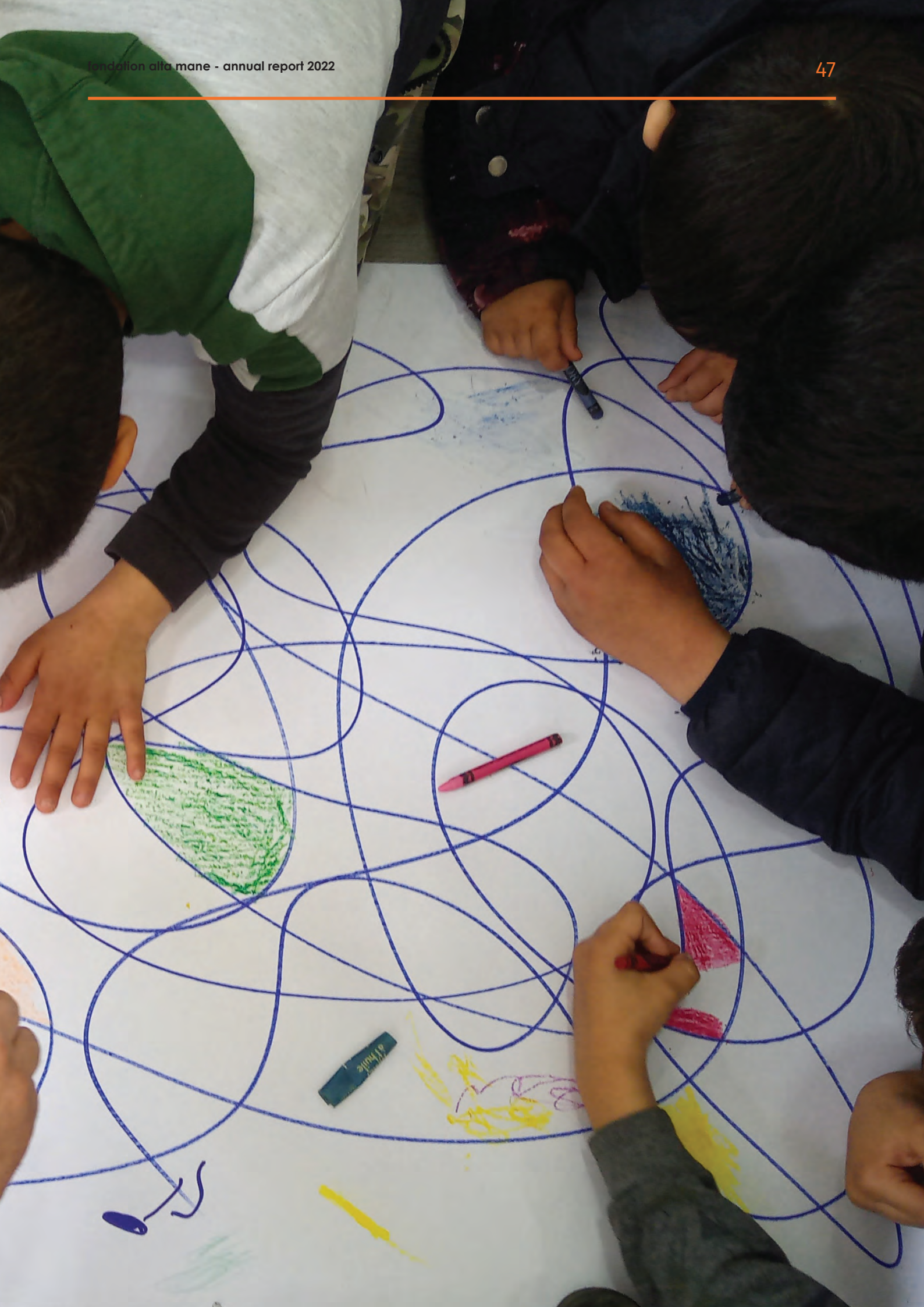
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fondation
alta mane



**alta mane supraque tuos exsurge
dolores in fragilemque animum,
quod potes, usque tene.**

**resta in alto sollevati sopra i tuoi
dolori e sostieni il tuo debole animo
finchè puoi.**

Ovidius, Consolatio ad Liviam

